

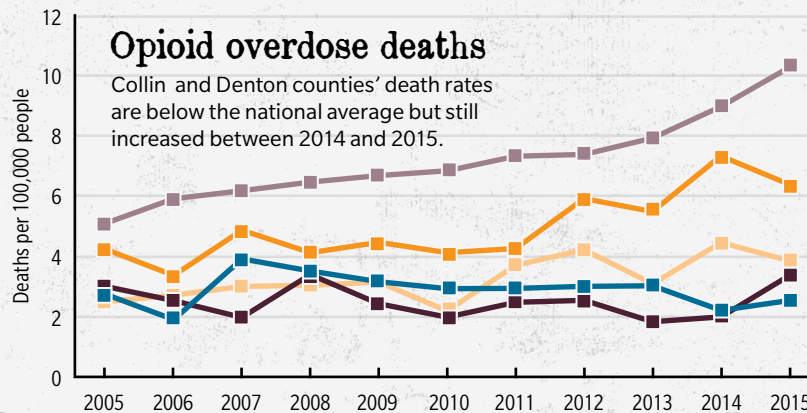
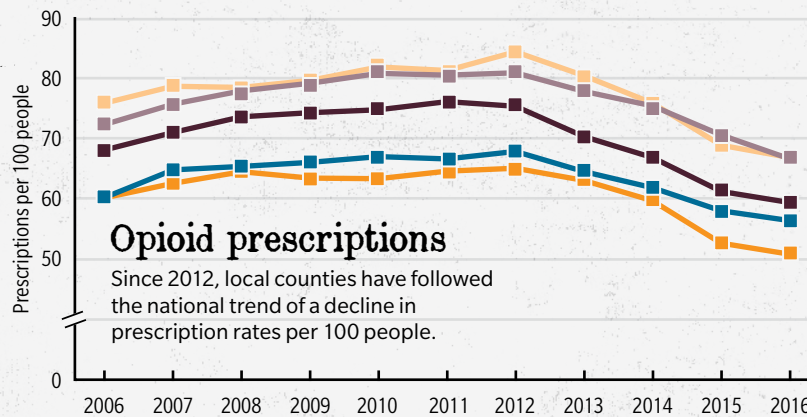
2018 HCD Health Care Directory

# OPIOID

deaths and prescription rates

Although opioid prescription rates are in decline, opioid overdose death rates in the United States and portions of North Texas have increased. Experts cite the lack of education about opioids, as well as the rise in prevalence of illicit opioids, such as heroin and fentanyl,

as a possible reason for the uptick in deaths.



SOURCES: U.S. CENSUS BUREAU, TEXAS DEPARTMENT OF STATE HEALTH SERVICES, CENTERS FOR DISEASE CONTROL AND PREVENTION, NATIONAL INSTITUTE ON DRUG ABUSE/COMMUNITY IMPACT NEWSPAPER

## Opioid overdose deaths increase nationally, locally

BY LINDSEY JUAREZ AND GAVIN PUGH

It could begin with a prescription for a sports injury or as a way to escape the pain of unresolved childhood trauma. Whatever leads

someone to become addicted to opioids, addictions have led to an increase in overdose deaths nationally and locally.

Between 2014 and 2015, Denton

County opioid-related overdose deaths increased from 15 to 27 deaths, according to the Texas Department of State Health Services. Collin County

CONTINUED ON 34



The University of North Texas' branch campus is expected to start construction no later than March 2022.

## New UNT campus to offer degrees specific to Frisco

BY LINDSEY JUAREZ AND NICOLE LUNA

The University of North Texas plans to build its first ever branch campus in Frisco that will offer an array of new degree programs specific to the area. The campus is expected to open in 2023.

On May 1, UNT and the city of Frisco announced a partnership to build a new branch campus that would serve at least 5,000 students and offer bachelor's and

CONTINUED ON 40

## FRISCO EDITION

VOLUME 5, ISSUE 11 | JUNE 8-JULY 5, 2018

CI COMMUNITYIMPACT.COM



## Health Care Directory

**23** HEALTH CARE SNAPSHOT  
Local health care industry facts

**25** BUSINESS  
Freestanding ERs close in Frisco

**28** PHYSICIAN LISTINGS  
Compilation of local physicians







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John and Jennifer Garrett began *Community Impact Newspaper* in 2005 in Pflugerville, Texas. The company's mission is to build communities of informed citizens and thriving businesses through the collaboration of a passionate team.

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## Health care industry heats up in Frisco

Welcome to summertime in Texas. This month we invite you to slather on the sunscreen, grab a tall glass of sweet tea and take a dive into this special issue of *Community Impact Newspaper*.

In this year's Health Care Directory, editor Lindsey Juarez and staff writer Gavin Pugh apply a local lens to the national opioid crisis. Their story breaks down the numbers by county and explains local efforts to reverse the troubling trend.

As the fastest growing city in America, Frisco is in the middle of a major medical industry expansion. To meet the need three new hospitals are slated to

open within the next year (see Page 31). Medical City Frisco is also expanding its women's services, including a new neonatal intensive care unit, three dedicated cesarean section operating rooms and a 10-bed nursery (see Page 27).

Mental and behavioral health needs are also growing. On pages 32 and 33, we showcase two nonprofits providing essential services, such as counseling and 24-hour crisis intervention, to children and adults in our community.

We hope this health care issue is both educational and useful to you as a Frisco resident. Thank you for reading, and have a safe and happy summer.



*Vicki Chen*

Vicki Chen

**GENERAL MANAGER**

vchen@communityimpact.com

### ASK THE EDITOR



*Lindsey Juarez*

Lindsey Juarez

**EDITOR**

lj Suarez@communityimpact.com

Do you have a question about how local government works or something going on in town? Send it to frsfeedback@communityimpact.com.

### What is the North Platinum Corridor?

You have likely read a reference to the \$5 Billion Mile in many of our stories. The phrase refers to a group of four major developments—The Star in Frisco, Frisco Station, The Gate and Wade Park—along a one-mile stretch of the Dallas North Tollway.

Since the city coined that phrase in 2014, Wade Park construction has stalled. Meanwhile other developments have taken shape along the DNT. Hall Park, for instance, has added office space and is in the process of master planning a new vision for the office park. Two hospitals—Texas Scottish Rite Hospital for Children and Texas Health Frisco—are also under construction along the DNT.

And so the city has recently branded its portion of the DNT as the North Platinum Corridor to include all major development between SH 121 and US 380. The city first mentioned the North Platinum Corridor when it named the new Frisco Economic Development Corp. president in April.

If you are reading our stories and no longer see references to the \$5 Billion Mile, now you know why.

### FEATURED STORIES

**6 IMPACTS**

Now Open, Coming Soon & more

**10 TO-DO LIST**

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**HEALTH CARE DIRECTORY**

**23 HEALTH CARE SNAPSHOT**

Inside the local health care industry

**28 PHYSICIAN LISTINGS**

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**42 REAL ESTATE**

**43 IMPACT DEALS**

**Correction:**

Volume 5, Issue 10

On Page 23, the Fifth Court of Appeals Place 12 primary runoff race should have been included, and the State Board of Education District 12 race should not have been included. A candidate for State Board of Education District 12 withdrew from the race before the primary runoff election.



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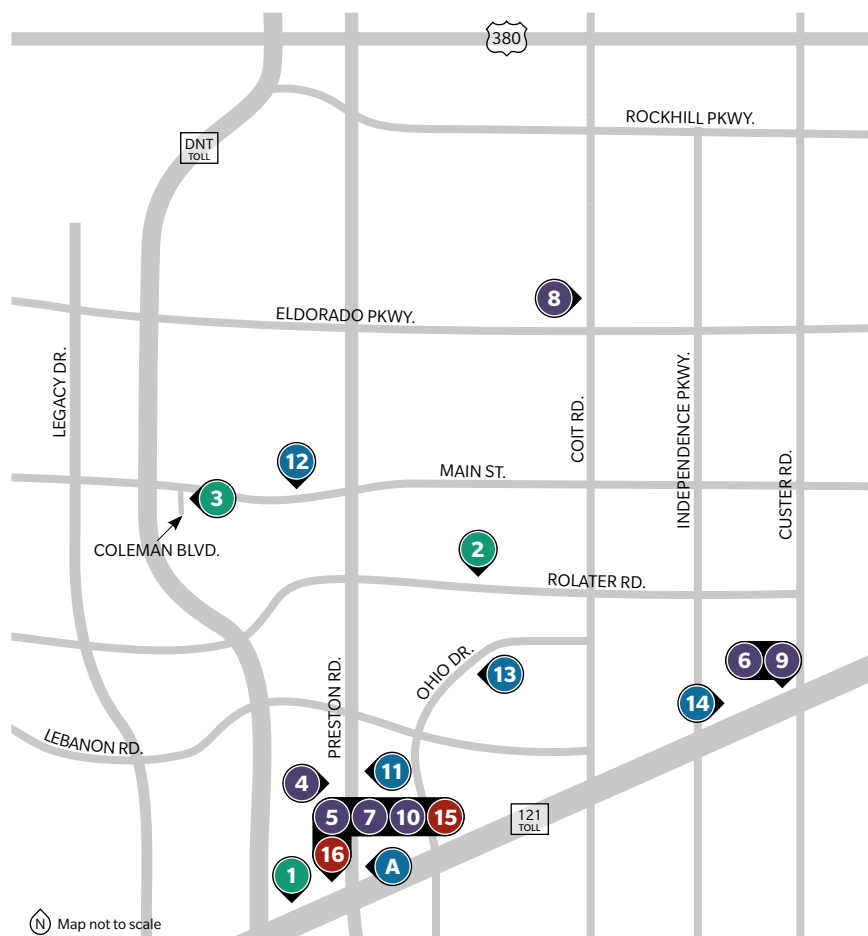
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## EAST IMPACTS

Businesses that have recently opened, are coming soon, relocating or expanding



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### NOW OPEN

- 1 Breakers Korean BBQ** opened May 24 at 8320 SH 121, Frisco. The restaurant allows diners to grill poultry and meat at the table in addition to serving Korean side dishes, soup, ribs, fried rice and other specialties. The restaurant offers an all-you-can-eat menu. 972-469-4800. [www.breakersbbq.com](http://www.breakersbbq.com)
- 2 Code Ninjas** was scheduled to open June 4 at 10990 Rolater Road, Ste. 100, Frisco. The coding center teaches children ages 7-14 to code and build video games. The center also hosts summer camps and an after-school program. 972-212-9444. [www.codeninjas.com](http://www.codeninjas.com)
- 3 First Round Draft Bar & Grill** opened late March at 8898 Coleman Blvd., Frisco. The eatery, located in Frisco Square, offers bar menu items such as wings, soft pretzels, loaded cheese fries, burgers and tender baskets. 469-353-8233. [www.firstrounddraftbar.com](http://www.firstrounddraftbar.com)

### COMING SOON

- 4 Deli News** will open its second location this summer at 3685 Preston Road, Ste. 185, Frisco. The restaurant will offer New York-style dishes, such as corned beef sandwiches, pastrami reuben sandwiches, patty melts and knockwurst. 972-733-3354. [www.delinewsdallas.com](http://www.delinewsdallas.com)

- 5 Invicta** will open a store in late summer inside Stonebriar Centre at 2601 Preston Road, Ste. 2059, Frisco. The company, founded in 1837 in Switzerland, sells men's and women's watches. [www.invictawatch.com](http://www.invictawatch.com)
- 6 Jason's Deli** will open a third location in Frisco in August at 16100 SH 121, Ste. 150. The restaurant makes soups and sandwiches and has a salad bar. It also delivers and supplies catered meals. [www.jasonsdeli.com](http://www.jasonsdeli.com)
- 7 Noble Trades** will open in late summer inside Stonebriar Centre at 2601 Preston Road, Ste. 1008, Frisco. The store carries home decor, furniture and other accessories. [www.shopstonebriar.com](http://www.shopstonebriar.com)
- 8 Promont Dental Design** will open June 19 at 11875 Coit Road, Frisco. Dr. Shaun Kim will offer an array of services, such as general dentistry, implants, diagnostics, therapy and aesthetics. 214-387-0405. <http://promontdentaldesign.com>
- 9 Sirius Day Spa Frisco** will open June 18 at 16100 SH 121, Bldg. B, Ste. 220, Frisco. The spa offers professional massages, facials, manicures, body waxing, eyelash extensions, teeth whitening and body wraps among other services. 214-494-0557. [www.siriusdayspa.com](http://www.siriusdayspa.com)
- 10 Windsor** will open a store mid-June within Stonebriar Centre at 2601 Preston Road, Ste. 2136, Frisco. The women's clothing store sells everything from casual

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## ANNIVERSARY — FISH BOWL POKÉ



COURTESY FISH BOWL POKÉ

**Fish Bowl Poké** celebrated its one-year anniversary May 26 at 2330 Preston Road, Ste. 300, Frisco. The eatery serves raw fish bowls that include the customer's choice of rice, tuna, marinade, toppings and aioli. 469-200-5141. [www.fishbowlpokeshop.com](http://www.fishbowlpokeshop.com)



COURTESY CODE NINAS

wear to formal wear. The store also carries accessories and bathing suits. [www.windsorstore.com](http://www.windsorstore.com)

## ANNIVERSARIES

**11 Burning Rice** celebrated its one-year anniversary May 19 at 3930 Preston Road, Ste. 100, Frisco. The Korean restaurant serves signature dishes, such as bibimbop, japchae, kimchi and bulgogi. 214-601-0464. [www.burningrice.com](http://www.burningrice.com)

**12 FriscoRx Pharmacy** celebrated its one-year anniversary in May 26 at 7227 W. Main St., Ste. 201, Frisco. The pharmacy, located in downtown Frisco, offers patients and physicians medication. The pharmacy also provides a free delivery service for medications. 469-888-4190. [www.friscorx.com](http://www.friscorx.com)

**13 Parsons House Frisco** celebrated its first anniversary May 3 at 5850 Ohio Drive, Frisco. The assisted-living facility offers a range of services, such as a specialized activities curriculum, grooming, and concierge and respite services. 972-665-8526. [www.parsonshousefrisco.com](http://www.parsonshousefrisco.com)

**14 Peachtree Dental** celebrated its one-year anniversary May 27 at 14688 SH 121, Ste. 110, Frisco. The dental clinic's services include regular cleanings, pediatric dentistry and dental implants. 972-201-9388. [www.peachtreedentalclinic.com](http://www.peachtreedentalclinic.com)



COURTESY JASON S DELI



LINDEY JUAREZ/COMMUNITY IMPACT NEWSPAPER

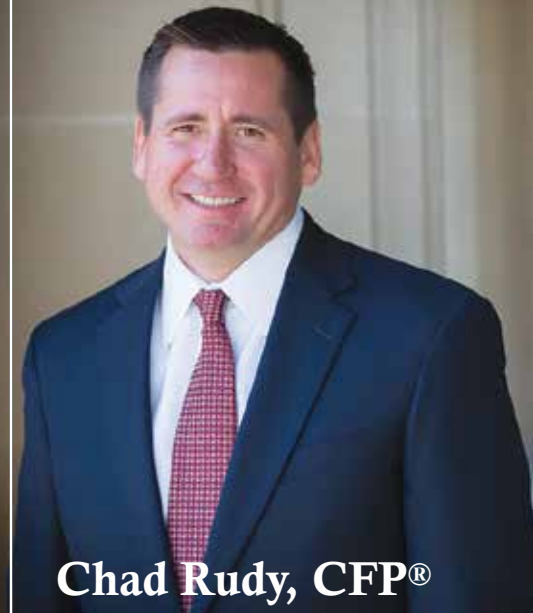


COURTESY PARSONS HOUSE FRISCO

## CLOSINGS

**15 Bachrach** will close its store inside Stonebriar Centre on June 17 at 2601 Preston Road. The men's clothing company announced earlier this year it would close all of its stores. 469-633-0500. [www.bachrach.com](http://www.bachrach.com)

**16 Young Art Lessons**, a children's art store and studio, closed in late May inside Stonebriar Center at 2601 Preston Road, Ste. 1008, Frisco.



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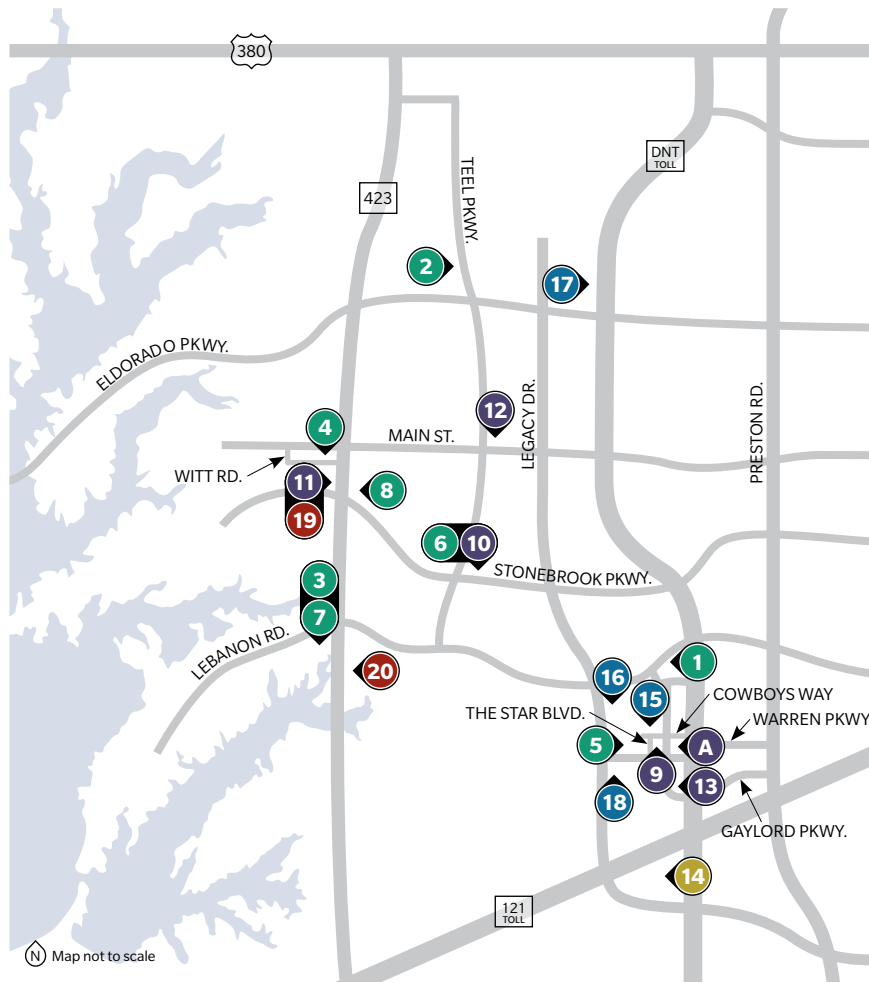


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## NOW OPEN

- 1 Caketales** soft opened May 26 at 6975 Lebanon Road, Ste. 306, Frisco. The bakery serves a variety of pastries, such as cakes, cupcakes, cake rolls and cookies. 972-704-3439. [www.caketales.company](http://www.caketales.company)
- 2 MT Kicks Taekwondo** opened April 14 at 12255 Teel Parkway, Ste. 420, Frisco. The martial arts school specializes in traditional taekwondo as well as self-defense training, spring/summer camp and after-school programs. 469-777-9877. [www.mtkicks.com](http://www.mtkicks.com)
- 3 NextGen Oral Maxillofacial & Reconstructive Surgery Center** opened in early April at 255 W. Lebanon Road,

Ste. 128, Frisco. Dr. Siavash Eftekhari provides cosmetic and reconstructive surgery. Eftekhari also specializes in oral and facial cancers. 817-349-9122. [www.nextgenoms.com](http://www.nextgenoms.com)

- 4 Public Storage** opened a new two-story self-storage facility April 27 at 2047 Witt Road, Frisco. The facility has more than 750 storage spaces near FM 423 and Lake Lewisville. 800-688-8057. [www.publicstorage.com](http://www.publicstorage.com)
- 5 Star Orthopedics and Sports Medicine** opened in early May at 5550 Warren Parkway, Ste. 200, Frisco. The orthopedic clinic offers physical therapy and rehabilitation services for a wide range of sports and musculoskeletal injuries to restore lost

functionality and strength. 469-238-0905. [www.starorthopedics.com](http://www.starorthopedics.com)

- 6 The Salt Retreat** opened May 19 at 2552 Stonebrook Parkway, Ste. 925, Frisco. This new spa offers dry salt therapy, a natural and noninvasive therapy the business says relieves symptoms of a range of respiratory and skin conditions. 469-345-7258. [www.thesaltretreat.com](http://www.thesaltretreat.com)

- 7 Waterstone Wellness** opened May 21 at 255 W. Lebanon Road, Ste. 116, Frisco. The primary care clinic sees patients ages 7 and older. The clinic provides annual physicals, women's wellness exams and offers services to treat an array of ailments. 469-405-0500. [www.waterstone-wellness.com](http://www.waterstone-wellness.com)

- 8 Waypoint Strength** opened May 29 at 360 Stonebrook Parkway, Ste. 107, Frisco. The fitness center provides a strength and conditioning experience for clients in their own personal weight room. Clients perform a pre-programmed workout of their choice under the guidance of a trainer. 972-982-7002. [www.waypointstrength.com](http://www.waypointstrength.com)

## COMING SOON

- 9 Ascension Coffee** will open June 25 at The Star in Frisco, 3625 The Star Blvd., Frisco. Ascension Coffee has four other locations in Dallas. Ascension sources its coffee beans from countries around the world, such as Rwanda, Kenya, Brazil, Colombia, Mexico and Papua New Guinea. Until its opening, Ascension Coffee will have a mobile cart in front of its store at The Star in Frisco serving coffee and other treats. 214-741-3211. [www.ascensiondallas.com](http://www.ascensiondallas.com)

- 10 The Fit-Body Lab** is scheduled to open June 11 at 2552 Stonebrook Parkway, Ste. A-375, Frisco. This cross-training gym focuses on strength and conditioning programs and offers personal and group training and nutrition classes. 469-271-6164. [www.fitbodylab.net](http://www.fitbodylab.net)

- 11 Supercuts** will open at 8161 FM 423, Ste. 240, Frisco. An opening date has not been determined. The business offers haircuts, hair dyeing and hair products. [www.supercuts.com](http://www.supercuts.com)



COURTESY CAKETALES



COURTESY THE SALT RETREAT

- 12 Maple Street Biscuit Co.** will open in early summer, no later than early July, at 3288 Main St., Ste. 111, Frisco. The Florida-based restaurant chain, founded in 2012, serves a variety of comfort food dishes featuring biscuits. [www.maplestreetbiscuits.com](http://www.maplestreetbiscuits.com)

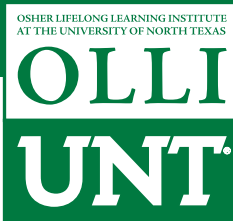
- 13 X-press Thai** will open at Hall Park at 6750 Gaylord Parkway, Ste. 140, Frisco. No opening date has been determined. The restaurant will offer traditional Thai cuisine, such as pad thai, spicy cashew chicken and curry dishes.

## RELOCATIONS

- 14 Timeless Luxury Watches** is moving in June from Lebanon Road in Frisco to Legacy West in Plano. The watch store sells new and pre-owned watches with a high-end, brand-name selection. 214-494-4241. [www.timelessluxwatches.com](http://www.timelessluxwatches.com)

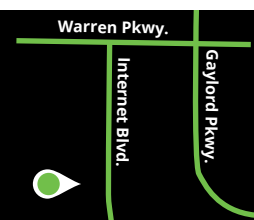
## ANNIVERSARIES

- 15 Cowboys Fit** celebrated its one-year anniversary May 18 at 5 Cowboys Way, Frisco. The gym at The Star in Frisco includes boutique-style classes in three separate studios, a rooftop deck and pool overlook-



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## COMING SOON — ALAMO DRAFTHOUSE



**Alamo Draffthouse Cinema** will open in 2022 at The Hub at Frisco Station at the north-west corner of Warren Parkway and Dallas North Tollway. This will be the company's seventh North Texas location, and it will include eight screens with seating for more than 1,200 guests. The location will also house Video Vortex, a video store-themed bar concept. The theme is inspired by the company's long-running Video Vortex programming series that celebrates straight-to-video cult classics from the 1980s through the early 2000s. [www.draffthouse.com](http://www.draffthouse.com)

ing the Cowboys practice fields, a 40-yard indoor fitness turf and an exercise floor. The gym also includes a recovery lounge that offers cryotherapy and hydro massage. 972-437-5000. [www.cowboysfit.com](http://www.cowboysfit.com)

**16 Kiddie Academy of Frisco** celebrated its one-year anniversary June 5 at 3188 Legacy Drive, Frisco. The academy provides comprehensive education-based child care programs for children up to age 12. 972-244-4220. [www.kiddieacademy.com](http://www.kiddieacademy.com)

**17 Miyabi Japanese Bistro** celebrated its one-year anniversary June 1 at 12005 Dallas Parkway, Ste. 300, Frisco. The restaurant serves traditional sushi, sashimi, signature rolls and hibachi entrees. 469-388-1288. [www.miyabifrisco.com](http://www.miyabifrisco.com)

**18** The second location of **Simply Thai Bistro** celebrated its one-year anniversary in early May at 4150 Legacy Drive, Ste. 140, Frisco. The restaurant has another location on Main Street that opened in 2012. The restaurant's menu includes curry, stir-fry, noodle soup and Thai hot pots. 469-362-6110. [www.simplythaibistro.com](http://www.simplythaibistro.com)

## CLOSINGS

**19 Flippin' Pizza** closed its Frisco location at 8161 FM 423, Ste. 230, Frisco. The restaurant served salads, meatballs, chicken wings, garlic knots, calzones and New York-style pizza. [www.flippinpizza.com](http://www.flippinpizza.com)

**20 ZuZu Handmade Mexican Food** closed at 5444 FM 423, Ste. 100, Frisco. The restaurant served traditional Mexican cuisine, such as tacos, enchiladas, gorditas and fajitas. [www.zuzurestaurant.com](http://www.zuzurestaurant.com)



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## LOCAL EVENTS



**JULY 3-4**

**Frisco Freedom Fest features fireworks, celebration**

The annual July 4 city celebration returns to Frisco Square with dachshund races, the Hotter 'N Firecrackers 5K Run, a fireworks show, an FC Dallas game and other attractions. Prices and a full schedule can be found online at [www.friscofreedomfest.org](http://www.friscofreedomfest.org).

COURTESY CITY OF FRISCO

## To-do list

Your ultimate local guide for events, business openings, meetings and more in the months of June and July

Find more or submit Frisco events at [communityimpact.com/frs-calendar](http://communityimpact.com/frs-calendar).

Event organizers can submit local events online to be considered for the print edition. Submitting details for consideration does not guarantee publication.

### LIBRARY EVENTS

 **FRISCO PUBLIC LIBRARY**  
6101 Frisco Square Blvd.  
972-292-5669  
[www.friscolibrary.com](http://www.friscolibrary.com)

**June 11:** Monday Mindstretchers: Mad Science, various times

**June 13:** Elementary Stations: Outer Space-Ploration, 3 p.m.

**June 14:** Meet the Gardener: Steve Huddleston, 7 p.m.

**June 18:** Monday Mindstretchers: Story Time Theater, various times

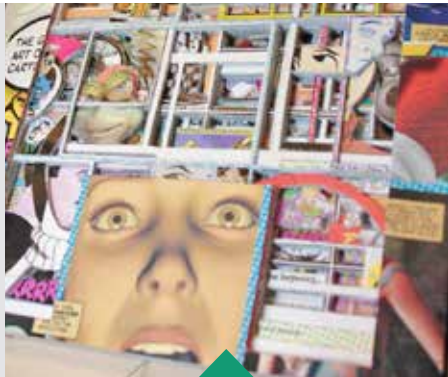
**June 21:** Jeopardy, 3 p.m.

**June 25:** Monday Mindstretchers: Singing Zoologist, various times

**June 28:** Family Robotics, 7 p.m.

**July 2:** Monday Mindstretchers: Dr. Lon's Amazing Science Show, various times

**July 4:** Library closed



JUNE 10-JULY 1

### **ArtRAGEous 2018 to be displayed at Frisco Discovery Center**

The Visual Arts Guild of Frisco will host a juried art competition and show of local artists. 6-8 p.m. Free. Frisco Discovery Center, 8004 Dallas Parkway. 972-292-6532. [www.vagf.org](http://www.vagf.org)

COURTESY VISUAL ARTS GUILD OF FRISCO

See a full list of events at [communityimpact.com/events](http://communityimpact.com/events).



## JUNE LIVE MUSIC



### FRISCO RAIL YARD

9040 First St.  
972-294-5436  
www.friscorailyard.com

**June 9:** Cast Iron Soul, 7 p.m.

**June 10:** Jacob Furr, 1 p.m.

**June 14:** Sugarfoote, 6:30 p.m.

**June 15:** Travelin' Zed, 7 p.m.

**June 16:** Justin Tipton, 7 p.m.

**June 17:** Cody Jasper, 1 p.m.

**June 21:** Buzz Andrews, 6:30 p.m.

**June 22:** Superkings, 7 p.m.

**June 23:** Mogo Filter, 7 p.m.

**June 24:** Chad Stockslager, 1 p.m.



### EIGHT|11 PLACE

7080 Main St.  
469-888-4037  
www.eight11place.com

**June 9:** Sebastian Valenzuela, 6:30 p.m.

**June 13:** Kyle Echols, 6p.m.

**June 14:** Matthew Bell, 6 p.m.

**June 16:** Corina Grove, 6:30 p.m.

**June 20:** Matt Baron, 6 p.m.

**June 21:** Priyanka, 6 p.m.

**June 22:** Patrick Casey, 6:30 p.m.

**June 27:** Mackenzie Sanders, 6 p.m.

**June 30:** Jesse Haynes, 6:30 p.m.

JUNE 8-29

## Music in the Square brings local musicians together

Various local musicians will perform each Friday in June for this free outdoor event. The concert series includes food vendors. 7:30-9:30 p.m. Free. Simpson Plaza, 6101 Frisco Square Blvd., Frisco. www.friscosquare.com/mits/

JUNE 15

## Summer Dive-In Movies splash in at water park

Families can float in the pool or the lazy river while watching "Moana" at Frisco Water Park. Gates open 8 p.m., and the movie starts at sunset. \$10 per person; children under 2 are free. Frisco Water Park, 5828 Nancy Jane Lane. 972-292-6600. www.friscofun.org.

JUNE 25-28

## Frisco ISD hosts summer immunization clinics

Frisco ISD will host immunization clinics to help families prepare for the new school year. Early Childhood School, 10330 Red Cedar Drive, Frisco. For times call 469-633-6000 or visit www.friscoisd.org.

JUNE 25-28

## Frisco ISD holds early childhood school registration

Early Childhood School will host summer registration for the 2018-19 school year for students who qualify. Families should pre-register online. Early Childhood School, 10330 Red Cedar Drive, Frisco. 469-633-3825. www.friscoisd.org

JUNE 18

## Mayor's Golf Classic to help local families in need

The tournament raises funds for Frisco Family Services in order to help Frisco and Frisco ISD families in need. 9 a.m. \$250 (per player). Stonebriar Country Club, 5050 Country Club Drive, Frisco. www.friscofamilyservices.org

COURTESY FRISCO FAMILY SERVICES



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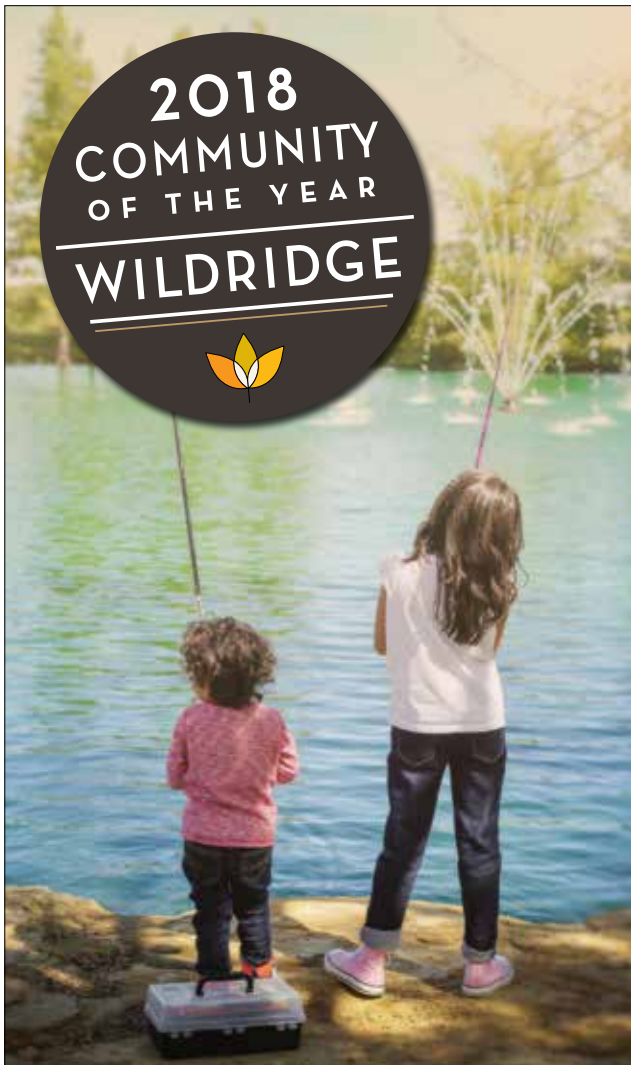


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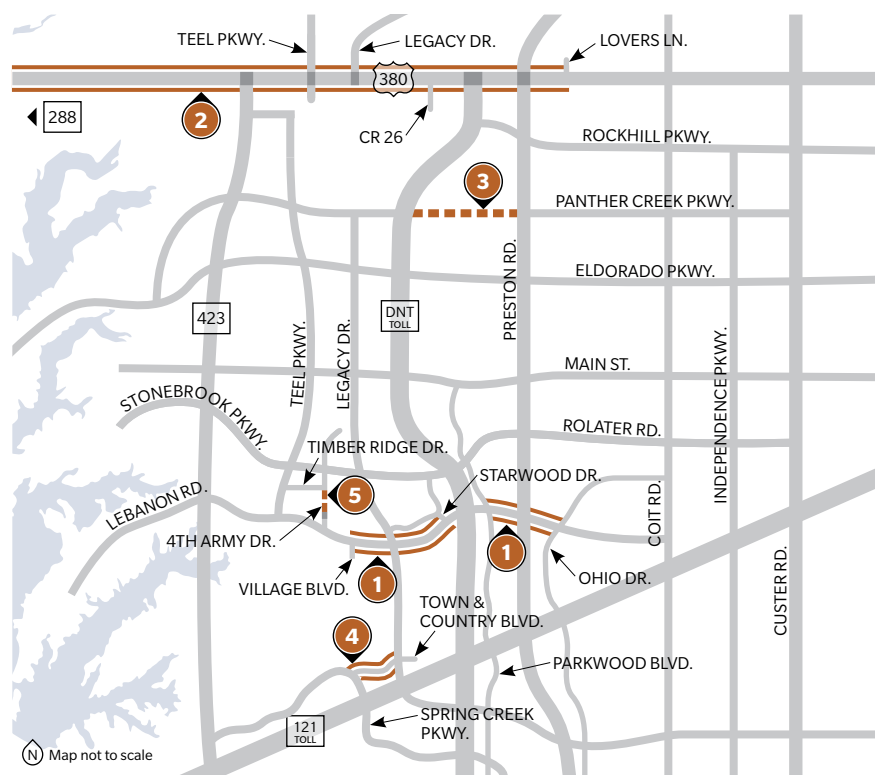
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LINDSEY JUAREZ/COMMUNITY IMPACT NEWSPAPER

### 1 Lebanon Road widening

Construction will wrap up by July to widen Lebanon Road from four to six lanes. The project stretches from Starwood to Legacy drives. A third westbound lane is also being added from Legacy Drive to Village Boulevard.

East of the Dallas North Tollway, Lebanon Road is in the planning stages to be widened between Parkwood Boulevard and Ohio Drive.

**Timeline:** July 2017-December 2018 (West Lebanon Road), July 2019-June 2020 (East Lebanon Road)

**Cost:** \$7.1 million (West Lebanon Road), TBD (East Lebanon Road)

**Funding source:** city of Frisco

### 2 US 380 widening

Work on US 380 between Lovers Lane and CR 26 is expected to be finished by the end of the year. The road is being widened to six lanes with overpasses at Preston Road and the Dallas North Tollway.

The next phase of the project will widen the roadway between CR 26 and Loop 288. That phase will include overpasses at FM 423, Teel Parkway and Legacy Drive.

**Timeline:** September 2015-December 2018

**Cost:** \$60 million

**Funding source:** Texas Department of Transportation

### 3 Panther Creek Parkway extension

Panther Creek Parkway is in the planning stages to be extended from Preston Road to the Dallas North Tollway. The roadway is planned to be six lanes wide. A portion of the roadway will be the northern border to a 390-acre plot of land that will include park space and the future University of North Texas branch campus.

**Timeline:** April 2020-TBD

**Cost:** TBD

**Funding source:** city of Frisco

### 4 Town & Country Boulevard widening

Construction is expected to begin next month to widen Town & Country Boulevard to four lanes. The project stretches from Spring Creek Parkway to Legacy Drive.

**Timeline:** July 2018-June 2019

**Cost:** TBD

**Funding source:** city of Frisco

### 5 4th Army Drive extension

Construction is wrapping up to extend 4th Army Drive from the Stewart Creek Wastewater Treatment Plant to Timber Ridge Drive. This is the second phase of the project. The first phase was completed last year and extended the roadway from Lebanon Road to the treatment plant.

**Timeline:** July 2016-June 2018 (Phase 2)

**Cost:** \$11.4 million

**Funding source:** city of Frisco

All information on this page was updated as of 5/11/17. News or questions about these or other local transportation projects? Email us at [frsnews@communityimpact.com](mailto:frsnews@communityimpact.com).



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# Self-driving cars roll into Frisco next month

BY **NICOLE LUNA**

California-based self-driving car company Drive.ai announced in May it would launch a self-driving car service in Frisco. The pilot program will launch in July and run for six months.

"... In order to solve our traffic issues in the future, we have to embrace technology and use these cutting edge resources," Frisco Mayor Jeff Cheney said.

The pilot program is in collaboration with the newly created Frisco Transportation Management Association, or FTMA, a public-private partnership between the city of Frisco, Denton County Transportation

Authority, Hall Group, Frisco Station Partners and The Star in Frisco.

"Self-driving vehicles is the first project that [FTMA is] launching, and it's not the end," said Kristina Holcomb, DCTA's vice president of planning and development. "Our plan is to have multiple solutions within the area to create a holistic approach to mobility, and [autonomous vehicles] are part of those solutions."

The initial program will begin with fixed pickup and drop-off locations around Hall Park and The Star, with a planned expansion to Frisco Station. The program will be available to more than 10,000 people when it launches.

## SELF-DRIVING CAR SERVICE

The pilot program will have a total of four bright orange Nissan NV200 vans that will run in a tightly geofenced area—virtual geographic boundary—along fixed routes.

Drive.ai CEO Sameep Tandon said it was important the company deploy the vehicles in a controlled fashion by only having four cars and a small area for those cars to move around to ensure safety on the roadways. Tandon also said the vehicles are equipped with a number of sensors to respond to what happens on the road.

Tandon said leading up to the July launch office employees and patrons of Hall Park and The Star will gradually onboard into the program by

gaining access to Drive.ai's ride-hailing smartphone app. Once the program is live riders will use the app to hail rides from the self-driving cars. Rides will be free during the six-month pilot. Tandon said how much rides will cost after six months has not been determined.

Tandon said Drive.ai is working with city leaders to host a number of town hall meetings to educate the community. Town hall dates are not determined.

The pilot program will be monitored in phases. It will start with a driver at the wheel monitoring how the vehicle is running, then eventually the driver will be removed, and a chaperone will be in the passenger seat assisting passengers and monitoring operations.

## SELF-DRIVING CARS DEPLOYMENT STAGES

Self-driving cars will be deployed in Frisco in three stages to phase out a driver.

### FIRST PHASE

Drive.ai will deploy vehicles with safety drivers at the wheel who will be monitoring the vehicle.

### SECOND PHASE

Once road tests show that it is safe, cars will operate with chaperones in the passenger seat. A chaperone will be able to assist passengers and monitor operations.

### FINAL PHASE

Cars will operate with only passengers in the vehicle assisted remotely by telechoice operators. One telechoice operator will monitor multiple vehicles.

### TELECHOICE TECHNOLOGY

If the vehicle encounters a problem it will pull to a stop and seek input from a remote operator using telechoice technology to proceed.

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The chaperone will eventually go away as well, and the car will continue to be monitored remotely.

According to Drive.ai, the company will also deploy telechoice technology to add another layer of safety. The technology helps the vehicle if it encounters a problem. For example, if a vehicle needs to execute a difficult maneuver at an intersection and it determines that it requires human insight, it will stop and seek input from a remote human operator to proceed. Through the telechoice technology the operator can control the car directly. Through these scenarios the vehicle learns and improves automatically.

“Frisco’s role is to do what we can to

make sure the infrastructure is ready, so whether that’s signs, pavement markings or construction,” said Brian Moen, Frisco’s assistant director of transportation. “So if we have somebody that’s going to do any road closures in that area, it is also our job to keep close tabs on that and communicate that information to Drive.ai so they know about it ahead of time.”

Moen said the six-month pilot program will be an opportunity to see if the service could be expanded into other areas of the city.

#### LONG-TERM EFFECTS

Hall Park developer Craig Hall is planning an update this year to the park to include residential and

entertainment components. Hall said he wanted to become part of the self-driving vehicle project because he believes there will soon be driverless cars and ride-sharing programs to the point where there are fewer cars on the road, improving traffic and changing the amount of parking needed.

“I think over time we’ll see fewer parking spaces needed, and we’ll build more office space, more residential, more retail, with fewer cars needed per square footage of usable real estate,” Hall said.

The plans to update the office park show that Hall would shrink the size of the actual parking area and construct a five-to-six-story parking garage with an office building on top.

#### CHOOSING FRISCO

For several years Drive.ai has been developing an artificial intelligence system for autonomous vehicles. When the company was ready to pilot its program it chose Texas because of its clear regulatory stance on self-driving cars, Tandon said. Last year Gov. Greg Abbott signed Senate Bill 2205, which implements safety standards for autonomous vehicles.

Tandon said the company spoke to different cities before choosing Frisco.

“Frisco came up as a really forward-looking community, and what we liked about the city of Frisco is we were able to very quickly talk to them and discuss how this rollout could work with the community,” Tandon said.

## A CLOSER LOOK AT THE SELF-DRIVING CAR

### WHAT DO THE SELF-DRIVING CARS LOOK LIKE?

**4**  
total Nissan NV200s

Vehicles are bright orange to be visually distinct to drivers.

There will be exterior screens around the vehicle that will communicate with people on the street. Some examples of communications include:

- Passengers entering/exiting
- Waiting for you to cross

DESIGNED BY LINDSAY MCCRAVY

SOURCE: DRIVE.AI/COMMUNITY IMPACT NEWSPAPER

### HOW DOES THE SELF-DRIVING CAR WORK?

Cars are equipped with a variety of sensors including more than 10 cameras, lidars and radars to detect objects in all directions. Together the sensors give the car a 360-degree view of its surroundings.



**Cameras** identify other road users, lane markers and traffic signals.



**Lidars** are rotating sensors that emit pulses of infrared light to identify objects.



**Radars** can detect the distance from the car to any obstacles.

### DRIVING ROUTES

Drive.ai will deploy a route from Hall Park to The Star in Frisco, with a planned expansion into Frisco Station.

1. Hall Park
2. The Star in Frisco
3. Frisco Station



PHOTOS COURTESY DRIVE.AI



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## Events



### Star power

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Rhythm & Blue, Jordan Kahn



### Get your kicks

Soccer game: 7 p.m. kickoff,  
FC Dallas vs. Atlanta United FC



### Fireworks

After the game



### Child's play

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### Taste of Frisco

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# State regulators: Skin rash reports likely not caused by chemicals in drinking water

BY **DANIEL HOUSTON**

Chemicals measured in North Texas drinking water in March were probably not the cause of skin rashes and other health problems reported by some area residents, state regulators concluded.

As part of its investigation into 281 resident complaints in North Texas, including Frisco, from March, the Texas Commission on Environmental Quality determined the water was unlikely to contain chemical compounds known to cause rashes, although the chlorine in the water appeared to produce an unpleasant odor and taste and may have caused some eye and respiratory irritation.

The agency's report, dated May 18, based its conclusions on 117 drinking water samples from North Texas sites; resident reports of odors and health concerns; pH levels in the water; and existing scientific literature examining the relationship between the chemicals that were detected and symptoms

like skin rashes.

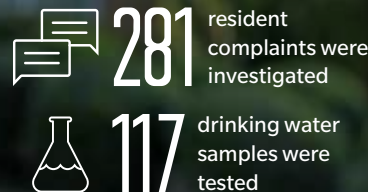
The North Texas Municipal Water District issued a statement saying the state's report confirms its drinking water was safe during the chlorine maintenance period, which ended in late March, and remained within federal and state regulatory standards.

"During and following the maintenance period, NTMWD urged any water customer with concerns about possible medical issues or sensitivities related to the water to see a doctor," said Kathleen Vaught, a public relations specialist for the NTMWD, in the statement.

Residents began to report issues with the water in late February during the NTMWD's chlorine maintenance period, when the water supplier began to remove ammonia from the chemical disinfectant compounds that are flushed through the district's distribution system. This "free chlorine" process lasts for about a month each year in an effort to fight

## WATER RESULTS

The Texas Commission on Environmental Quality concluded an investigation into water-quality complaints in North Texas, including Frisco.



SOURCE: TEXAS COMMISSION ON ENVIRONMENTAL QUALITY/  
COMMUNITY IMPACT NEWSPAPER



A Frisco Public Works employee puts a chemical in a sample of water to turn the water pink, confirming that chlorine is present in the sample.

nitrification in the pipelines, according to district officials.

The practice was criticized by California-based environmental activist Erin Brockovich, who said residents' rashes and other health issues were a sign that something was wrong with the water. She and an engineer, Bob Bowcock, visited Frisco in April to highlight concerns about chlorine levels and byproducts of the water district's disinfection process.

In an interview before the April event, Bowcock said he suspected the

drinking water could contain an undesirable chemical compound known as trichloramine, which produces an acrid smell and, he said, could result in skin issues.

The report from state regulators suggested the formation of trichloramine was unlikely during the chlorine maintenance period. Trichloramine typically forms in water with pH levels below 4, and all water samples collected during the state's investigation showed pH levels ranging from 6.9 to 8.3, according to the report.



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# FISD proposes GPA ranking system change

BY NICOLE LUNA

Frisco ISD's board of trustees will vote June 11 on whether to change the district's GPA for Rank policy.

District staff's recommendation would change what percentage of student rankings would be published and how students' class ranking would be calculated. GPA for Rank is a weighted grade point average based on a 6.0 scale. Some classes are weighted more than others.

The proposed recommendations, presented by district staff, call for the district to only publish the rankings of students through the top 10 percent as required by the state. After that students would be grouped into different percentage quartiles rather than given a rank number.

Angela Romney, area director of secondary instruction, said the district created a committee in 2016 after the district identified some concerns with the GPA for Rank calculation.

One of the main concerns was that students were selecting more difficult

courses to boost their class ranking, even if the courses were subjects they were not interested in.

"We saw this as a problem because we want students to select courses that are going to meet their academic goals and their future goals," Romney said.

Romney said the system also created a culture of competitiveness that bred academic dishonesty and increased anxiety.

Many school districts in Texas rank GPAs because students are automatically admitted to any Texas public university and college if they are ranked in the top 10 percent of their class—or the top 6 percent for the University of Texas at Austin—according to state law.

Beginning with class of 2021, juniors and seniors would also be allowed to drop one athletic or fine arts course each year for the GPA for Rank calculation.

The district would also adjust the way some of the advanced coursework weighs in the GPA for Rank calculation beginning with the class of 2023.

## GPA for Rank final recommendation



Frisco ISD district staff has recommended a change in the GPA for Rank policy to encourage students to make course selections based on their interests. The school board will vote on recommendations during its June 11 meeting. The following is a list of those recommendations.

### Beginning with class of 2019

- Publish rank only through the top 10 percent of GPAs
- Publish GPAs associated with the first, second and third quartiles beyond the top 10 percent

### Beginning with class of 2021

Allow students the option to drop one course for GPA for Rank calculation from the courses listed below if they have had continuous enrollment for three-to-four years and are in the 11th or 12th grade:



- **Athletics:** competitive sports, manager, trainer
- **Fine arts:** band, color guard, choir, orchestra, theater, dance



### Beginning with class of 2023

Adjust the weight of some courses for GPA for Rank calculation to give students more opportunity to choose coursework they are interested in without having a negative impact on their GPAs

### What is high school GPA for Rank?

- Weighted grade point average based on 6.0 scale with some courses weighted 5.0, 5.5 and 6.0
- Used for ranking purposes and printed on transcripts



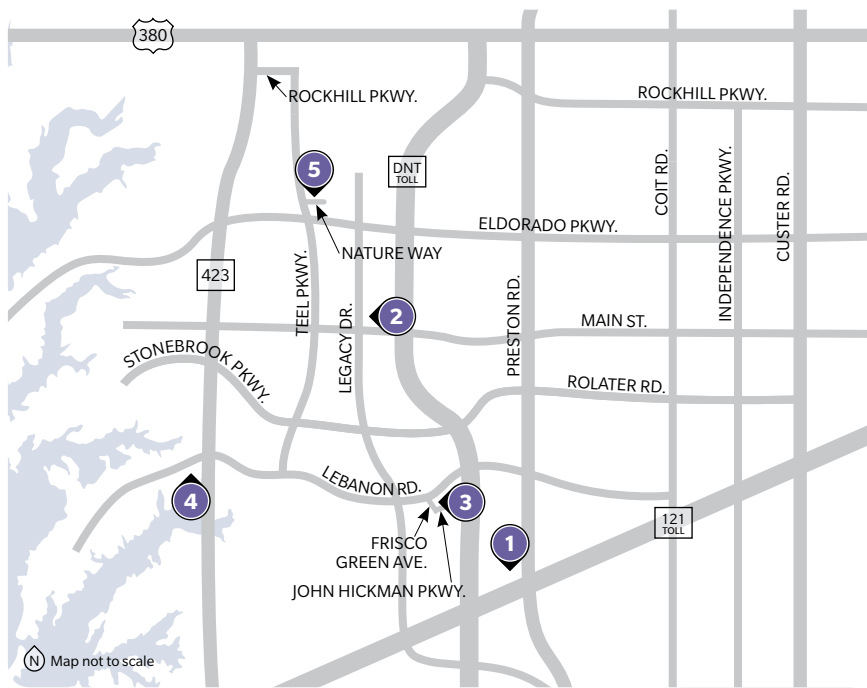
SOURCE: FRISCO ISD/COMMUNITY IMPACT NEWSPAPER

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Developers are turning dirt throughout Frisco. Developments include office parks, a hotel and residential communities. The following are some development highlights of different projects coming soon.

#### 1 Hyatt Regency Stonebriar

Hotel developer Sam Moon Group and the city of Frisco broke ground May 9 on an 18-story, 303-room hotel, Hyatt Regency Stonebriar. The hotel will be attached to Stonebriar Centre, 2601 Preston Road,

on the second floor and will be located between Dillard's and Nordstrom. The project will feature a 54,585-square-foot conference center, including a grand ballroom, junior ballroom and additional event spaces. The hotel will include an 800-space



parking garage and a Frisco Public Library branch. The hotel is expected to be complete in 2020.

#### 2 Legacy Medical Office

Construction began in early January on this medical office building on the northeast corner of Main Street and Legacy Drive. The single-story building is 26,000 square feet and will be completed in September. Four acres north of the property will also eventually become more medical/office condos. The developer of the project is Clearfork Properties.

#### 3 Station House

The first phase of the residential development at Frisco Station will be complete in July at 4141 Frisco Green Ave. Construction on the entire complex will be complete in October. Station House is a 300-unit urban living community that is four stories with a parking garage. The complex is now preleasing through construction. The

development broke ground January 2017. Station House offers different floor plans that range in size. 214-777-4390. [www.stationhousefs.com](http://www.stationhousefs.com)

#### 4 Waterstone Office Park

The second phase of Waterstone Office Park is under construction at the southwest corner of FM 423 and Lebanon Road. Construction on the third phase of the project will begin later this year. The first phase of the office park was completed in spring 2017. The development will include medical and office space.

#### 5 Windhaven Senior Living Community

A new senior living community is under construction at 2828 Nature Way, Frisco. The facility is nearly 50,000 square feet. The facility will include a large in-house common area, community courtyard, library and patios. Construction is expected to be complete this summer.





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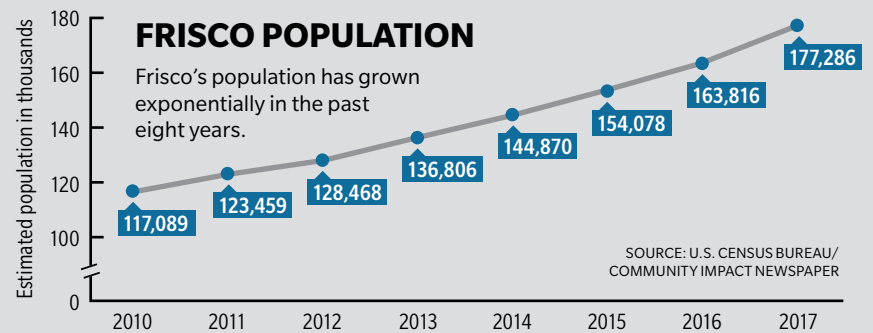
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## Census: Frisco ranks as No. 1 fastest-growing city



**FRISCO** U.S. Census population estimates released this week reveal that Frisco was the No. 1 fastest-growing city nationally in 2016-17.

Frisco's population increased by 8.2 percent between July 1, 2016 and July 1, 2017. In total the city added 13,470 new people to its population in that time period.

"I think [the ranking] reflects the high quality of life here in Frisco," Frisco Mayor Jeff Cheney said. "There's no doubt that there's a lot of demand for people to move to Frisco, and that's largely because of our great school district, the high quality of life, great amenities, great housing, great shopping. All of those types of things are why people are flocking here."

Frisco has hovered in the top five spots since 2012-13, landing at the second fastest-growing city in 2015-16.

Seven of the nation's 15 fastest-growing U.S. cities hail from Texas, according to Census population estimates that rank percentage growth for municipalities exceeding 50,000 in population. Frisco, New Braunfels and Pflugerville topped the overall national rankings, and Georgetown—No. 6, McKinney—No. 9, Flower Mound—No. 11—and Cedar Park—No. 13—also made the cut.

Texas also dominated the 15 most-populated U.S. cities as of July 2017, with an estimated 2.3 million residents in Houston, which ranked fourth overall behind New York City, Los Angeles and Chicago. San Antonio—No. 7, Dallas—No. 9—and Austin—No. 11—remain unchanged in rankings, and Fort Worth became the 15th-largest city—knocking Indianapolis out of the top 15.

## Candidates selected during primary runoff election

**FRISCO** During the May 22 primary runoff election, voters decided which candidates would be on the ballot for the November general election.

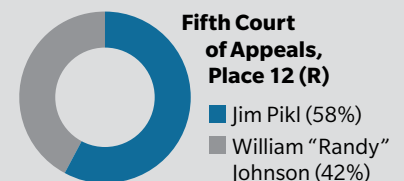
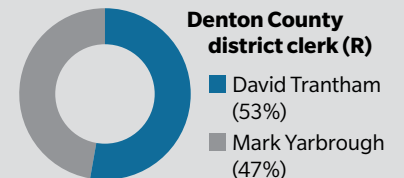
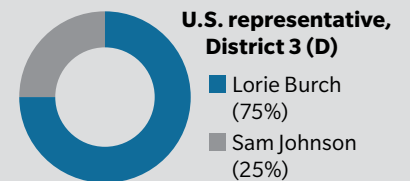
According to unofficial results, Lorie Burch will oppose state Sen. Van Taylor, R-Plano, in November for the U.S. Representative District 3 seat. Burch won the Democratic primary runoff with 75 percent of the votes. Her runoff opponent Sam Johnson received 25 percent of the vote.

Republican David Trantham will run against Yesse Rodriguez in November for Denton County district clerk after receiving 53 percent of the vote in the primary runoff against Mark Yarbrough.

Republican Jim Piki will be unopposed in November for Fifth Court of Appeals justice, Place 12 after receiving 58 percent of the vote against William "Randy" Johnson.

### RUNOFF RESULTS

The following are the unofficial results of the May 22 primary runoff election.



SOURCE: TEXAS SECRETARY OF STATE/COMMUNITY IMPACT NEWSPAPER





The Frisco Bar is moving from its location on Legacy Drive to Hall Park.

## City Council grants The Frisco Bar a specific-use permit for private club

**FRISCO** City Council approved a specific-use permit for a private club for The Frisco Bar during the May 15 meeting.

The Frisco Bar is moving in June from its existing location on Legacy Drive to Hall Park at 6750 Gaylord Parkway, Ste. 120.

The restaurant owners requested a private club permit for the new location because they anticipate it will derive 60 percent or more of its gross revenue on a quarterly basis from the sale or service of alcoholic beverages, as defined in the Texas Alcoholic Beverage Code.

The council is expected to approve the ordinance for the permit at a later meeting.

## Frisco to get new 75036 ZIP code this summer

**FRISCO** Beginning July 1 some home and business addresses within the 75034 ZIP

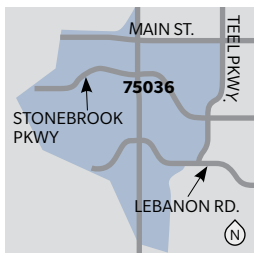
code will be converted to the new 75036 ZIP code.

The addresses affected by this ZIP code change are largely in West Frisco.

Addresses in the 75033 and 75035 ZIP code will not be affected.

According to the U.S. Postal Service, 9,604 residential and 383 business addresses will be affected by this change.

Residents and businesses owners do not have to submit a change of address request.



### NUMBER TO KNOW

**\$750M**

Collin County Commissioners voted unanimously May 7 to call for a \$750 million bond referendum election Nov. 6. Commissioners called for three propositions, including: \$600 million for limited-access roadway projects; \$140 million for arterial roads, and \$10 million for open space and parks.

### QUOTE OF NOTE

**"I THINK [THE RANKING] REFLECTS THE HIGH QUALITY OF LIFE HERE IN FRISCO. THERE'S NO DOUBT THAT THERE'S A LOT OF DEMAND FOR PEOPLE TO MOVE TO FRISCO ..."**

— JEFF CHENEY, FRISCO MAYOR

### MEETING HIGHLIGHTS

**FRISCO** The planning and zoning commission approved a specific-use permit May 8 for an almost 7-acre entertainment venue called Music City on the east side of the Dallas North Tollway and north of McCandless Way. The project will have a 1,002-seat indoor theater, a 390-seat outdoor stage and a restaurant. According to city documents, the facility will host concerts, movies, wine festivals and theater productions. The property is currently owned by the Frisco Economic Development Corp.

**FRISCO** The planning and zoning commission approved a zoning change May 22 for a new residential development called Northwood Manor. Northwood Manor will be nearly 60 acres on the south side of Panther Creek Parkway and west of Legacy Drive. The developer has proposed a combination of patio homes and single-family homes.

### MEETINGS

#### Frisco City Council

Meets June 19 and July 3, 5 p.m.  
Open meeting begins at about 6:30 p.m.  
[www.friscotexas.gov](http://www.friscotexas.gov)

#### Frisco ISD board of trustees

Meets June 11, 7:30 p.m.  
[www.friscoisd.org](http://www.friscoisd.org)

#### Collin County Commissioners Court

Meets June 11, 18, 25 and July 2, 1:30 p.m.  
[www.collincountytx.gov](http://www.collincountytx.gov)

#### Denton County Commissioners Court

Meets June 12, 19, 26 and July 3, 9 a.m.  
[www.dentoncounty.com](http://www.dentoncounty.com)

#### Collin College board of trustees

Meets June 26, 5:30 p.m.  
[www.collin.edu](http://www.collin.edu)

For instant coverage of these meetings, follow us on Twitter: **@impactnews\_frs**



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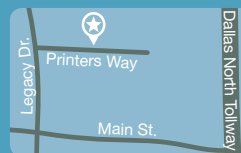


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Dr. James Brugarolas (left) is partnering with Nobel Laureate Dr. Bruce Beutler (right) to activate the immune system and maximize the body's ability to fight kidney cancer.

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## HEALTH CARE INFO

# HEALTH CARE SNAPSHOT

COMPILED BY **LINDSEY JUAREZ**

Collin and Denton counties are among the healthiest counties in the state of Texas, according to the Robert Wood Johnson Foundation. Each county provides various health care services for residents, including immunizations and clinics.

## Collin County

### HEALTH CARE SERVICES

**Services provided:** immunizations, epidemiology and surveillance, perinatal hepatitis B prevention program, tuberculosis clinic, STD/HIV clinic, women's and children's health services, indigent care program, primary care

**Collin County Health Care Services**  
825 N. McDonald St., Ste. 130,  
McKinney  
[www.collincountytx.gov](http://www.collincountytx.gov)

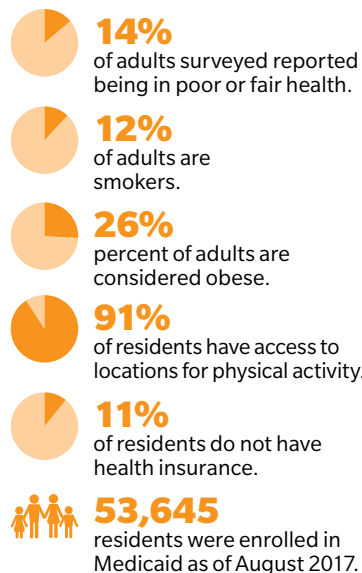
## Denton County

### HEALTH CARE SERVICES

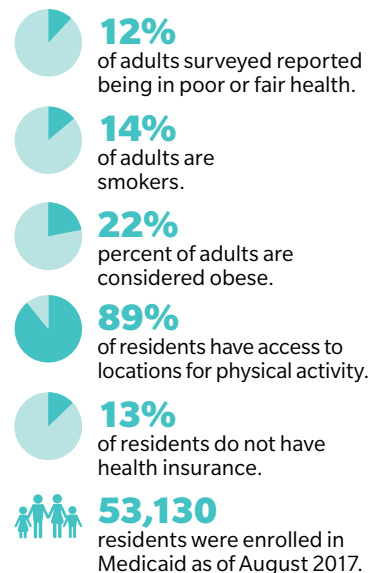
**Services provided:** dental services, immunizations, epidemiology and surveillance, tuberculosis services, STD clinic, women's and children's health services, indigent health care, primary care

**Denton County Public Health**  
535 S. Loop 288, Denton  
[www.dentoncounty.com](http://www.dentoncounty.com)

## HOW HEALTHY IS Collin County?



## HOW HEALTHY IS Denton County?



## Local HEALTH CARE INDUSTRY



**7,921 workers**  
in Frisco are employed in the health care and social assistance industry as of 2016, which is the most recent data available.



Local hospitals employ  
**1,310 total employees.**



**4,877 workers**  
workers in Frisco are employed in health-care related occupations as of 2016, which is the most recent data available.

## Collin County HEALTH CARE INDUSTRY



There were  
**928 primary care physicians**  
in Collin County in 2017.

That means there are 90.5 primary care physicians for every 100,000 residents, which **ranks 20th statewide.**



There were  
**8,841 registered nurses**  
in Collin County in 2017.

## Denton County HEALTH CARE INDUSTRY



There were  
**469 primary care physicians**  
in Denton County in 2017.

That means there are 55.4 primary care physicians for every 100,000 residents, which **ranks 75th statewide.**



There were  
**4,733 registered nurses**  
in Denton County in 2017.





# Shaeffer tackles her neuromuscular condition with spirit.

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# Insurance limitations, lack of demand could factor in freestanding ER closures

BY LINDSEY JUAREZ

Since last year, at least three freestanding emergency rooms have closed in Frisco.

Richwood Park ER & Urgent Care and two Texas Health Emergency Room locations have closed since last June.

This is not only a trend seen locally but also elsewhere in the state, said Brad Shields, Texas Association of Freestanding Emergency Centers executive director.

Several factors could contribute to a freestanding ER closing, including insurance limitations and a lack of demand in a market, Shields said.

Freestanding ERs are separate from hospital ERs and provide emergency care services, according to the Texas Department of State Health Services.

The state's freestanding ER industry experienced rapid growth following the passage of a 2009 state law that allowed the centers to be licensed.

Since then, the industry has faced

some challenges with insurance companies, Shields said.

"Emergency care is an essential health benefit per the state and federal regulations, and unfortunately we've seen certain health carriers under-pay and [not] cover emergency room visits more and more," he said. "Not only does it cause a problem for patients getting access to care, but it causes a problem for business owners who need to keep the lights on to provide that access to care."

Uncertainty about whether insurance will cover a freestanding ER visit has scared some patients away from the centers, Shields said.

A new state law that went into effect

last year requires freestanding ERs to list out which health insurance plans the facility is participating in. State Rep. Tom Oliverson, R-Cypress, who authored the legislation, told *The Texas Tribune* that the law helps clear confusion for freestanding ER patients.

Shields said another obstacle the

industry faces is patient demand. Though Texas' and Frisco's population is growing, there may not be enough demand to support some facilities.

"Just like any other business, there's going to be some market forces in play," Shields

said. "Texas is a free market state, and the Legislature created this opportunity and saw the need for it 10 years ago. But those market forces will come into play, and they will result in some facilities needing to merge into something else or work with other health care

providers for different models of care."

For Texas Health Emergency Rooms, location was an issue for at least one of its freestanding ERs in Frisco, said Aaron Bujnowski, Texas Health Resources chief strategy officer.

"For example, one of the locations that closed was only one block from our future Texas Health Frisco Hospital, a location that did not exist when the emergency room was opened," Bujnowski said in an email.

The Texas Health Resources Frisco Hospital is expected to open late next year, and it will include an ER.

Though freestanding ERs may not be growing as quickly as before in urban communities, Shields said he sees the industry expanding into rural communities. He also said there may be a rise of hybrid models—facilities that act as both an ER and urgent care center.

"If [patients] come in with the flu and they get a flu test, they're going to get an urgent care bill," he said. "If they come in with what they think to be a higher level of emergency, then they're going to be treated like an emergency patient."

**"EMERGENCY CARE IS AN ESSENTIAL HEALTH BENEFIT PER THE STATE AND FEDERAL REGULATIONS, AND UNFORTUNATELY WE'VE SEEN CERTAIN HEALTH CARRIERS UNDER-PAY AND [NOT] COVER EMERGENCY ROOM VISITS MORE AND MORE."**

— BRAD SHIELDS, TEXAS ASSOCIATION OF FREESTANDING EMERGENCY CENTERS EXECUTIVE DIRECTOR

## FREESTANDING EMERGENCY ROOM INDUSTRY

### What is a freestanding ER?

A freestanding ER is a facility that provides emergency care and is separate and distinct from a hospital.

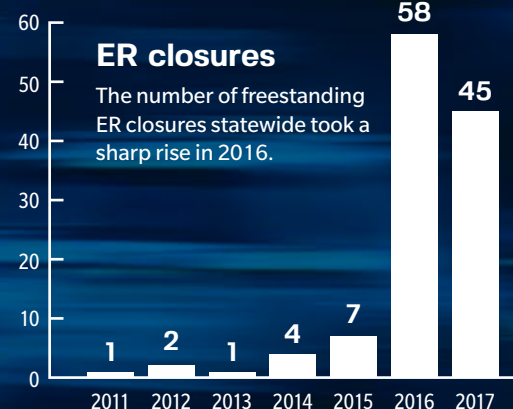
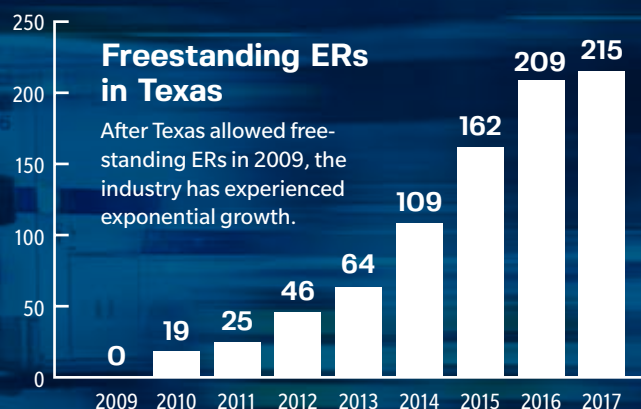


11

total freestanding ERs in Collin and Denton Counties

Frisco has four of those facilities

4



SOURCES: TEXAS HEALTH AND HUMAN SERVICES/COMMUNITY IMPACT NEWSPAPER



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# Medical City Frisco expanding women's services to meet community demand

## Construction begins this fall on five-story medical office building

BY NICOLE LUNA

Medical City Frisco is in the process of expanding its services and facilities to meet the growing demand in Frisco and north Collin County.

The hospital is spending more than \$50 million to expand its women's services and to build a five-story medical office building.

Medical City Frisco CEO Charles Gressle said since Medical City Healthcare acquired the hospital in 2016, the number of patients served has increased rapidly.

The hospital was formerly known as Forest Park Medical Center, and in 2015 it filed for bankruptcy. In early 2016, HCA North Texas, now Medical

City Healthcare, purchased the hospital and took over operations.

"So when we acquired the hospital in April 2016, the [average daily number of patients] of all the 54 beds was one, and today we're at capacity," Gressle said. "We've grown tremendously and we need additional capacity."

In its first year in operation, the hospital expanded its emergency department, adding beds and new medical equipment. The hospital also opened a new cardiac catheterization lab with special diagnostic imaging equipment to diagnose and treat coronary artery disease.

In January the hospital began

construction on a \$21.6 million renovation on its third and fourth floors of the hospital that would expand its women's services. With the expansion, Medical City Frisco will be able to deliver babies in 13 luxury delivery and recovery rooms. The unit will also feature a six-bed, Level II neonatal intensive care unit with three dedicated cesarean section operating rooms and a 10-bed nursery. The unit is expected to open in October.

Currently, the hospital does not have the ability to deliver babies.

"We do have OB-GYNs doing mainly robotic surgery but we are not delivering babies," Gressle said. "We have to have a team

in place and this expansion will allow us to provide the care our mothers and babies need."

Construction is expected to begin in November on a \$35-million, five-story medical office building and surgery center just south of the hospital. There will also be a four-story parking garage attached to the building.

"The medical office building will have a mix of everything," Gressle said. "We're going to have pediatricians, OB-GYNs, primary care physicians, oncology, radiation, surgical specialists and more."

Construction will take about a year, and the building will open at the end of 2019.



As part of its expansion, Medical City Frisco will add a five-story medical office building.

\*EXPANSION PLANS STILL IN THE EARLY STAGES



## Medical City Frisco EXPANDS

Medical City Frisco is renovating its third and fourth floors to expand its women's services. There are also plans to build a five-story medical office building.

### Women's services

Construction timeline: January 2018-October 2018

<b>\$21.6M</b> in renovations	<b>13</b> delivery and recovery rooms	<b>10</b> nursery beds	<b>6</b> beds in a Level II neonatal intensive care unit	<b>3</b> dedicated operating rooms
----------------------------------	--	---------------------------	---	---------------------------------------

### Medical office building

Construction timeline: November 2018-2019

Services to include: pediatrics, OB-GYN, primary care, oncology, radiation, surgical specialists

<b>\$35M</b> project	<b>5</b> stories	<b>1</b> Surgical center	<b>4-story</b> parking garage
-------------------------	---------------------	-----------------------------	----------------------------------

Gressle also said Medical City Frisco is working on an adult tower expansion just north of the main campus on the southeast corner of Main Street and Dallas Parkway. However, the plans and the approval process are still in the works.

"We're responding to the community

demand, and people in Frisco and northern Collin County don't want to go south for their health care," Gressle said. "That's why we continue to recruit specialists and expand our services. I want us to be a great community hospital that provides every level of services patients need."

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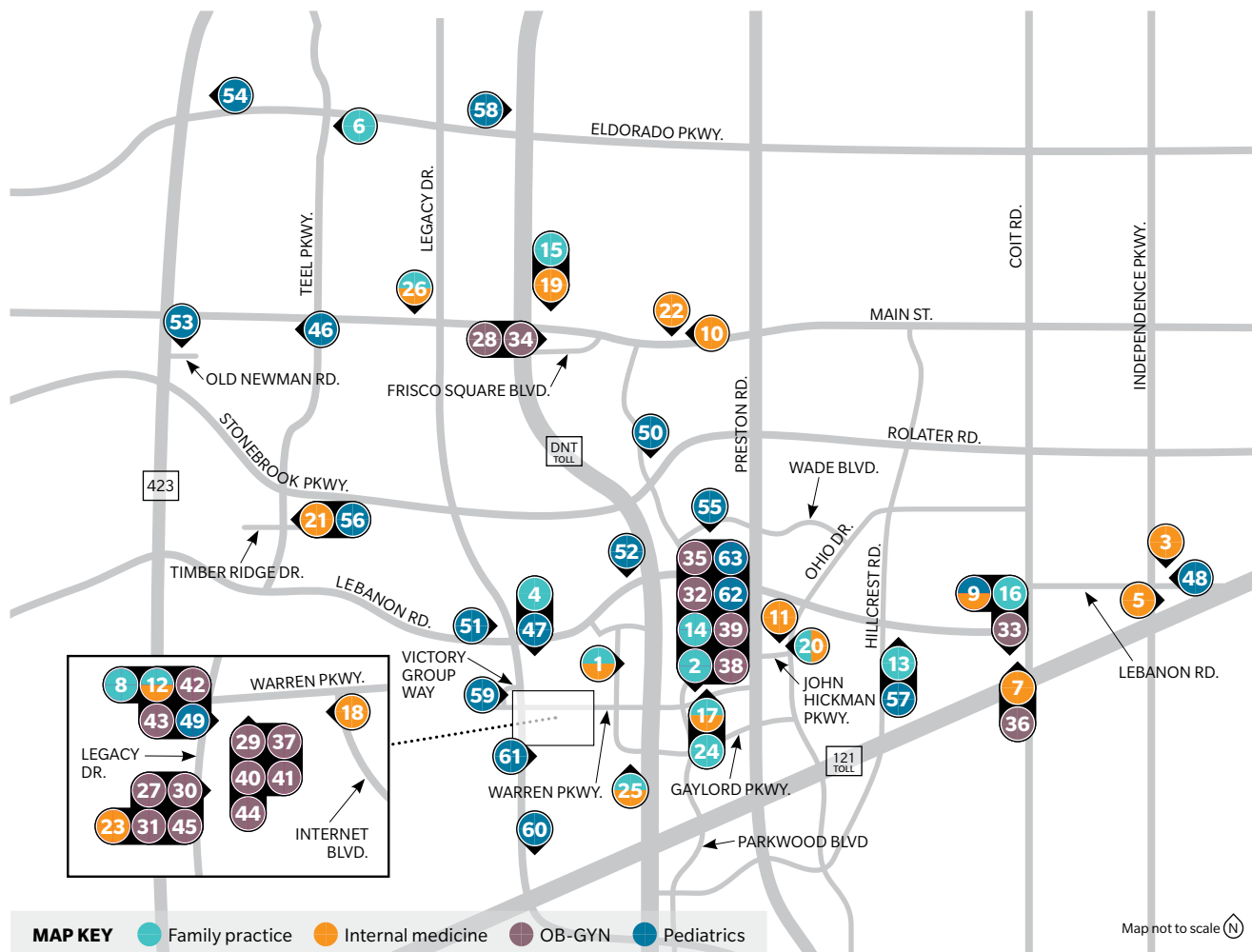


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## AREA PHYSICIANS

The following is a list of local practices in Frisco. This list is not comprehensive.



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3800 Gaylord Parkway, Ste. 910  
972-712-3652  
www.bswstardocs.com

#### 2 Bent Tree Family Physicians

3550 Parkwood Blvd., Ste. 600  
972-377-8800  
www.benttreemd.com

#### 3 Centennial Primary Care

5520 Independence Parkway, Ste. 201  
214-383-0001  
www.cpcfisco.com

#### 4 Diamond Physicians Frisco

4060 Legacy Drive, Ste. 302  
214-945-3621  
www.diamondphysicians.com

#### 5 Elite Internal Medicine

14660 SH 121, Ste. 200  
469-269-0272  
www.eliteinternalmedicine.com

#### 6 Friedman Family Practice

11560 Teel Parkway, Ste. 100  
972-668-0821  
www.friedmanfp.com

#### 7 Frisco Center for Internal Medicine

4401 Coit Road, Ste. 311  
214-297-0297  
www.friscocenterim.com

#### 8 Frisco Concierge Medicine - Bryan M. Lowery, M.D.

5575 Warren Parkway, Ste. 305  
469-200-4802  
www.friscoconciergemedicine.com

#### 9 Frisco Family Clinic

4461 Coit Road, Ste. 207  
972-335-3300  
www.clinic2000.com

#### 10 Frisco Medical & Surgical Clinic

8680 E. Main St., Ste. 1W  
972-377-2447  
www.vickidavismd.com

#### 11 Frisco Primary Care, P.A.

4525 Ohio Drive, Ste. 100  
972-731-7717  
www.friscoprimarycare.com

#### 12 Greenhill Family Physician

5575 Warren Parkway, Ste. 106  
214-618-5100  
www.gfpcare.com

#### 13 Hillcrest Family Medicine

4500 Hillcrest Road, Ste. 180  
214-619-5410  
www.hillcrestfamilymedicine.com

#### 14 Dr. Cheryl P. Lopez, family practice

3880 Parkwood Blvd., Ste. 303  
214-618-7952  
www.ntxmedicalclinic.com

#### 15 Main Street Family Physicians

5858 Main St., Ste. 130

214-750-2325

www.thpg.org/mainstreetfamilydocs

#### 16 Olympus Family Medicine

4461 Coit Road, Ste. 307  
972-377-0322  
www.olympusmed.org

#### 17 Piga Primary Care Associates

8380 Warren Parkway, Ste. 305  
214-618-2222  
www.pigaprimarycare.com

#### 18 Preston Medical Associates, P.A.

3211 Internet Blvd., Ste. 280  
469-633-9700  
www.drcheco.com

#### 19 Primary Care and Internal Medicine of Frisco

5858 Main St., Ste. 210  
972-377-8695  
www.internalmedicinefrisco.com

#### 20 Southern Medical Associates

9300 John Hickman Parkway, Ste. 704  
214-436-4949  
www.imucclinic.com

#### 21 Star Medical Associates

2440 Timber Ridge Drive, Ste. 104  
469-301-2300  
www.starmedicalassociates.com

#### 22 Stonebriar Medical Associates

6842 W. Main St., Ste. 203  
469-633-9300  
www.stonebriarmedical.com

#### 23 Stonebridge Adult Medicine, P.A.

3010 Legacy Drive, Ste. 210  
214-618-9715  
www.primarycarefrisco.com

#### 24 Texas Family Medicine

8380 Warren Parkway, Ste. 100  
214-387-8288  
www.texasfamilymedicine.com

#### 25 USMD Medical Clinic of North Texas

2595 Dallas Parkway, Ste. 405  
972-377-1490  
www.mcmt.com

#### 26 West Frisco Health & Wellness

4280 Main St., Ste. 200  
972-464-2510  
www.westfrisco.com

### OB-GYN

#### 27 Dr. Suzette Boyd, OB/GYN

3010 Legacy Drive, Ste. 100  
214-618-4170  
www.suzetteboydmd.com

#### 28 Caring for Women

5680 Frisco Square Blvd., Ste. 2100  
940-591-6700  
www.cfwdenton.com

#### 29 Centennial OB/GYN

5757 Warren Parkway, Ste. 210  
972-947-2281  
www.centennialobgynpa.com

#### 30 Dr. Gary Duncan, OB/GYN

2840 Legacy Drive, Ste. 300  
972-867-8181  
www.garyduncanmd.com

#### 31 Dr. David Fong, OB/GYN

2840 Legacy Drive, Ste. 300  
972-890-9250  
www.davidfongmd.com

#### 32 Frisco GYN & Wellness

3550 Parkwood Blvd., Ste. 205  
972-769-9663  
www.friscogynandwellness.net

#### 33 Frisco Obstetrics and Gynecology, P.A.

4461 Coit Road, Pavilion II, Ste. 205  
972-731-9299  
www.friscoobgyn.com

#### 34 Frisco Women's Health

5680 Frisco Square Blvd., Ste. 2700  
972-668-8300  
www.friscowomenshealth.com

#### 35 Dr. Jennifer Gulick, OB/GYN

3880 Parkwood Blvd., Ste. 403  
214-618-2802  
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www.healthcentralobgyn.com

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214-297-0000  
www.catherineholtmd.com



**38 Dr. Kristen Innes, OB/GYN**

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214-618-2802  
www.drinnesobgyn.com

**39 Dr. Christine Ku, OB/GYN**

3880 Parkwood Blvd., Ste. 403  
214-618-2802  
www.christinekum.com

**40 Dr. Jordan Mitchell, OB/GYN**

5757 Warren Parkway, Ste. 240  
214-297-0008  
www.jordanmitchellmd.com

**41 Northlake OB/GYN at Baylor Scott & White Medical Center of Frisco**

5757 Warren Parkway, Ste. 200  
214-618-7100  
www.northlakeobgyn.com

**42 Obstetrics and Gynecology Associates of Dallas**

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214-823-9630  
www.obgadallas.com

**43 Dr. Jon T. Ricks, OB/GYN**

5575 Warren Parkway, Ste. 316  
972-377-6800  
www.drjonricks.com

**44 Texas Gynecology**

5757 Warren Parkway, Ste. 310  
214-216-6560  
www.texasobgyn.com

**45 Dr. Kathryn E. White, OB/GYN**

2840 Legacy Drive, Ste. 200  
972-294-6992  
www.kathrynnewhitemd.com

**PEDIATRICS****46 All Star Pediatrics, Dr. Kfir Oved and Dr. Shelly Hamrick**

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214-872-1877  
www.allstarpediatricsonline.com

**47 BestNest Pediatrics**

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www.bestnestpediatrics.com

**48 Centennial Pediatrics**

5560 Independence Parkway  
214-389-8801  
www.centennialpediatrics.net

**49 Entirely Kids Pediatrics**

5575 Warren Parkway, Ste. 116  
469-425-3600  
www.entirelykidspediatrics.com

**50 Frisco Pediatrics, P.A., Dr. Kathleen Stokes**

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972-335-4444  
www.friscopeds.net

**51 Healthy Kids Pediatrics, Dr. Deborah Bain**

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www.kidschoicepediatrics.com

**54 Little Elm-Frisco Children's Clinic**

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214-494-4622  
www.lefchildrensclinic.com

**55 Lone Star Physicians Group**

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www.lonestardocs.com

**56 Natural Pediatrics**

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www.txnaturalpediatrics.com

**57 North Dallas Pediatrics Associates-Frisco**

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www.northdallasped.com

**58 Pediatric People**

11955 Dallas Parkway, Ste. 400  
214-396-5200  
www.pediatricpeople.com

**59 Shine Pediatrics and Wellness Center**

3535 Victory Group Way, Ste. 305  
469-333-1543  
www.shinepediatrics.com

**60 Starside Pediatrics**

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www.starsidepediatrics.com

**61 Stonebriar Pediatrics**

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www.stonebriarpediatrics.com

**62 TLC Pediatrics of Frisco**

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214-618-6272  
www.tlcpedsfrisco.com

**63 Whole Child Texas**

3550 Parkwood Blvd., Bldg. B, Ste. 100  
214-736-1954  
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*The offices listed in this directory take appointments and practice medicine in the fields of family practice, internal medicine, obstetrics/gynecology and pediatrics.*

*This list is not comprehensive.*

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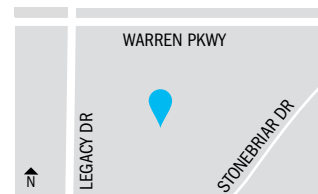
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## CLINICS AND EMERGENCY ROOMS

Noncomprehensive listings of local urgent care clinics and freestanding emergency rooms

### Urgent care centers

**For patients who have:** basic broken bones and fractures, minor cuts and illnesses that can be treated by retail clinics

**Staffing:** nurse practitioners or physician assistants with medical director available by phone for consultation

**Equipment:** X-ray machines; can set breaks and fractures

**\*Costs:** \$25-\$50 average copay

### Freestanding emergency rooms

**For patients who have:** abdominal pain, chest pain, shortness of breath, stroke symptoms, headaches, diabetic emergencies, infections, neck injuries, open fractures that could require surgery

**Staffing:** physicians required to be on-site 24/7

**Equipment:** X-ray machines, ultrasound, CT scanners, laboratory services

**\*Costs:** \$100-\$500 average copay, plus facility fees and possible operating fees

\*COPAY COSTS DEPENDENT ON INSURANCE

SOURCE: DR. ROBERT HITCHCOCK, EXECUTIVE VICE PRESIDENT FOR T-SYSTEM/COMMUNITY IMPACT NEWSPAPER

COMPILED BY OLIVIA LUEKEMEYER

#### 1 CareNow-Main Street

301 W. Main St.  
972-335-0030  
www.carenow.com

#### 2 CareNow-Preston Road

5644 Preston Road  
972-529-4545  
www.carenow.com

#### 3 Concentra Urgent Care and Occupational Medical Center at Frisco

8756 Teel Parkway, Ste. 350  
972-712-5454  
www.concentra.com

#### 4 Frisco Family Urgent Care Plus

5649 Lebanon Road  
469-384-7536  
www.friscofamilyurgent.com

#### 5 Frisco Urgent Care & Clinics

3220 Parkwood Blvd.  
972-668-3990  
www.friscoucc.com

#### 6 iCare Emergency Room & Urgent Care

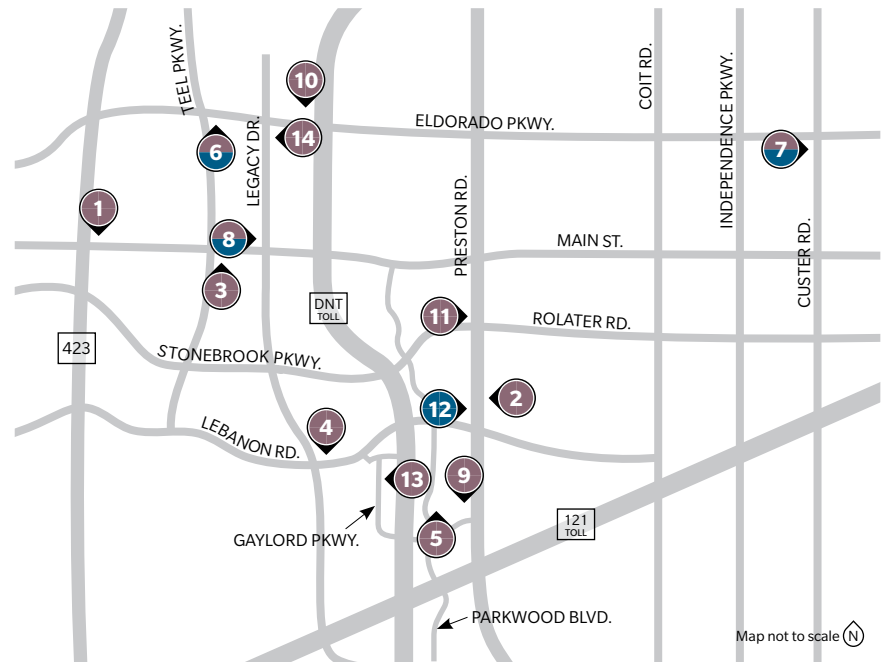
2955 Eldorado Parkway, Ste. 100  
469-754-8634  
www.icare-er.com

#### 7 Legacy ER & Urgent Care-Eldorado

16151 Eldorado Parkway  
972-731-5151  
www.legacyer.com

#### 8 Legacy ER & Urgent Care-Legacy

9205 Legacy Drive  
972-668-6020  
www.legacyer.com



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#### 9 Medical City Children's Hospital Urgent Care

3411 Preston Road, Ste. 1  
214-618-3920  
www.medicalcityurgentcare.com

#### 10 MedSpring Urgent Care

12005 Dallas Parkway, Ste. 100  
469-609-1591  
www.medspring.com

#### 11 PrimaCare Medical Center

7227 Preston Road  
972-377-7878  
www.pmc.nextcare.com

#### 12 Texas Health Emergency Room

5245 Preston Road  
214-618-4220  
www.texashealthemergencyroom.com

#### 13 Baylor Scott & White Urgent Care at the STAR

3800 Gaylord Parkway Ste. 140  
214-407-5310  
www.baylorfrisco.com/urgent-care

#### 14 Urgent Care for Kids Frisco

11550 Legacy Drive, Ste. 420  
972-731-7700  
www.urgentcarekids.com



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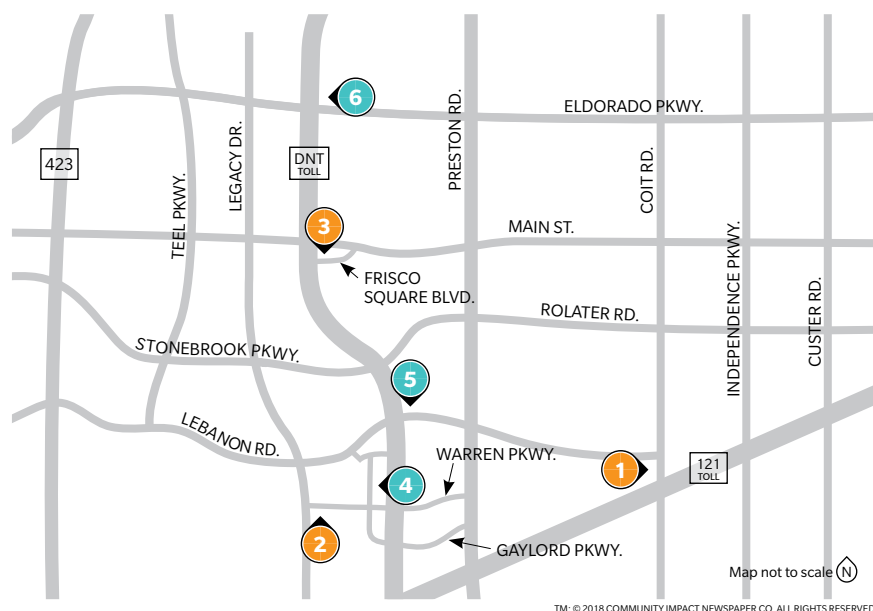
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### 1 Baylor Scott & White Medical Center-Centennial

12505 Lebanon Road  
972-963-3333  
[www.bswhealth.com/centennial](http://www.bswhealth.com/centennial)

- **Trauma level:** N/A
- **NICU level:** Level III
- **Total number of employees:** 475
- **Number of beds:** 118
- **Most common treatments:** heart disease, sports injuries, gastrointestinal disease, diabetes

### 2 Baylor Scott & White Medical Center-Frisco

5601 Warren Parkway  
214-407-5000  
[www.baylorfrisco.com](http://www.baylorfrisco.com)

- **Trauma level:** N/A
- **NICU level:** Level III
- **Total number of employees:** 635
- **Number of beds:** 68
- **Most common treatments:** ER cases, inpatient and outpatient surgery, obstetrics and gynecology



### 3 Medical City Frisco

5500 Frisco Square Blvd.  
214-618-0500  
[www.medicalcityfrisco.com](http://www.medicalcityfrisco.com)

- **Trauma level:** N/A
- **NICU level:** N/A
- **Total number of employees:** 200
- **Number of beds:** 54
- **Most common treatments:** neurosurgery, orthopedics and spine surgery, bariatrics, pediatric surgery, general pediatrics, cardiology

COMPILED BY NICOLE LUNA

## MEDICAL FACILITIES COMING SOON

This year Frisco will have two new medical facilities open, and construction on an additional hospital will continue.

### 4 Baylor Scott & White Sports Therapy & Research at The Star

will have its grand opening June 20. The medical facility will focus on injury prevention, research and wellness for athletes. The facility is 300,000 square feet.

### 5 Texas Scottish Rite-North Campus

is expected to open this fall. The five-story facility will specialize in the treatment of sports-related orthopedic conditions and concussions in children. The facility is 345,000 square feet.

**6 Texas Health Frisco** is expected to be complete in winter 2019. The 20-acre health care campus includes Texas Health Frisco and UT Southwestern Medical Center at Frisco, a four-story, 120,000-square-foot medical office building that will house primary care practices and a multispecialty clinic.

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[YourBackHealth.com](http://YourBackHealth.com)



Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources. © 2018





Denton County MHMR has been in operation since the late 1970s serving Denton County residents.

## Denton County MHMR

Center seeks to help those with a crisis, limited access to health care

BY LINDSEY JUAREZ

**D**enton County residents seeking help for a mental illness, developmental disability, depression or suicidal thoughts can turn to Denton County MHMR.

The center is a nonprofit organization specializing in treatment and support for individuals diagnosed with a mental illness or developmental disability. Denton County MHMR is the local mental health and developmental disabilities authority for Denton County.

Troy Manning, Denton County MHMR administrator of Quality Management and Utilization Management, said many of the individuals that Denton County MHMR serve do not have health insurance or access to care.

“We certainly serve to our capacity and continue to get people coming and seeking services,” he said.

The center’s services include cognitive behavioral therapy, a Mobile Crisis Outreach Team, psychiatric services, day habilitation programs and a hospital liaison for those admitted to state hospitals.

Manning said with everything the center offers, there is still a need for more medical, occupational and housing services in Denton County.

“What we try to be is a spot where someone can come, and if we can’t provide that service then we’re trying to figure out how we can connect them to those services,” he said.

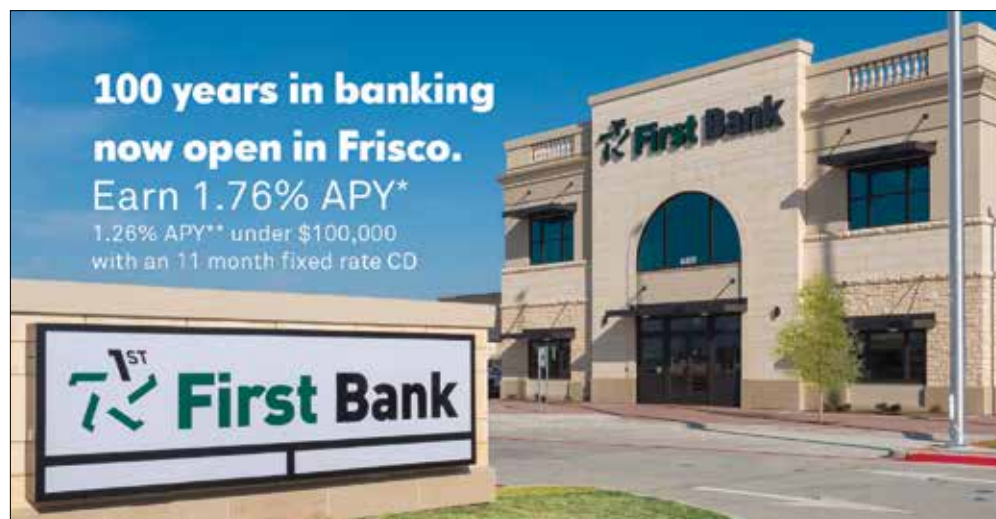
The most requested services include prescribing psychiatric medication and counseling, Manning said.

For someone experiencing a psychiatric emergency, the Mobile Crisis Outreach Team is available 24/7 for clinical assessments. The team assesses whether someone is at risk for harming himself or herself or others and then determines the best course of action for treatment.

Individuals can also visit a 24-hour psychiatric triage clinic in Denton for a clinical assessment.

Manning said Denton County MHMR’s mission is to be the health provider for those who have no other means of getting help.

- 1. The Center for Integrated Health**  
2509 Scripture St., Ste. 103, Denton  
940-222-2326
- 2. Denton Outpatient Clinic**  
2519 Scripture St., Denton  
940-381-5000
- 3. Psychiatric Triage Clinic**  
2509 Scripture St., Ste. 100, Denton  
940-381-9965
- 4. McKinney Outpatient Clinic**  
3835 Morse St., Denton  
940-891-0970
- 5. Morse Street Clinic**  
3827 Morse St., Ste. 101, Denton  
940-381-5000
- 6. Lewisville Outpatient Clinic**  
101 E. Corporate Drive, Ste. 150, Lewisville  
214-488-0121  
[www.dentonmhmr.org](http://www.dentonmhmr.org)



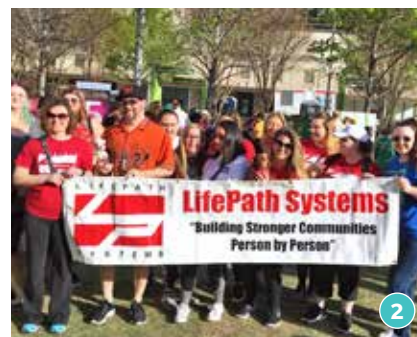
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1



2



3

**1:** Randy Routon has served as LifePath Systems' CEO since 1986. **2:** In March staff, family and friends attended the March for Respect in Dallas. **3:** LifePath Systems also has a division dedicated to early childhood intervention.

## CRISIS HOTLINE

Anyone experiencing a mental health or substance abuse crisis in Collin County can call the 24-hour Crisis Hotline at **877-442-5939**. For life-threatening emergencies, call 911.

The hotline and crisis team has been in place at LifePath Systems since



**JANUARY 2017**

Each month it helps an average of



**1,774 PEOPLE**

SOURCE: LIFEPATH SYSTEMS/COMMUNITY IMPACT NEWSPAPER

# LifePath Systems

Nonprofit serves adults, children with behavioral health issues, disabilities

BY **CASSIDY RITTER**

**L**ifePath Systems is a nonprofit organization providing assistance to the intellectually disabled, those who are mentally ill and children who are developmentally delayed.

The organization is designated as the Collin County authority in each of its three divisions—early childhood intervention; intellectual and developmental disabilities; and behavioral health, which includes mental health or illness and substance abuse, CEO Randy Routon said.

The largest division at LifePath is behavioral health, which sees an average of 2,399 residents per month, Routon said.

“There are lots of situations in life that blow you off of the path that you’re

on,” he said. “And those are often not things of our own making. ... We can’t change everything about their lives, but we can help them adjust and become successful and recover.”

Services in the behavioral health division include visits with a medical practitioner, drug testing, peer support, crisis respite and residential units, rehabilitation, counseling, crisis intervention, supported housing and employment, among other services.

“We want to get people in and keep them in treatment for as long as they need,” Routon said.

Another program offered is early childhood intervention, which typically sees 981 children and their families each month, Routon said.

Services provided for the child and

family are done in the family’s home or at the child’s day care and could include physical therapy, occupational therapy, speech therapy, or nutrition and dietary consulting. The child and family may also work with an early intervention specialist.

The intellectual and developmental disabilities division, which helps an average of 1,622 patients per month, helps people get on paths of their choosing, Routon said. This comes in the form of employment or therapy, among other services.

Routon said he thinks the success of LifePath’s services is based on customization and individualization. LifePath employees focus on an individual’s needs, wants, strengths and weaknesses.

## 1. LifePath Systems

7308 Alma Drive, Plano

972-422-5939

Hours: Mon.-Fri. 8 a.m.-5 p.m., evening hours vary, closed Sat. and Sun.

## 2. LifePath Systems

1515 Heritage Drive, McKinney

972-562-0190

Hours: Mon.-Fri. 8 a.m.-5 p.m., closed Sat.-Sun.

[www.lifepathsystems.org](http://www.lifepathsystems.org)



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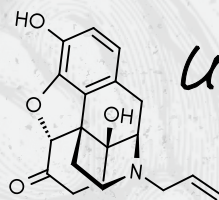
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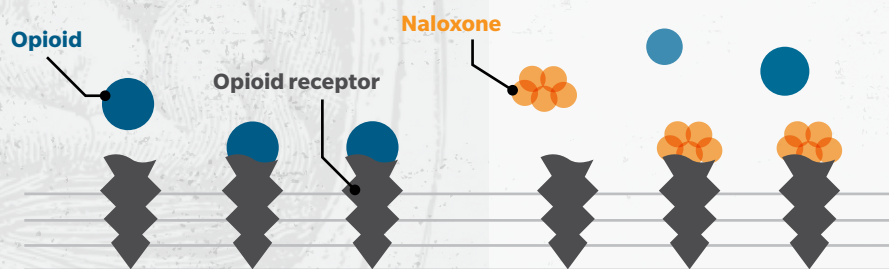


# Understanding NALOXONE

Naloxone—also known as Narcan and Evzio—is an antidote used to reverse the effects of an opioid overdose. Naloxone can come in the form of an injectable, an autoinjectable or a nasal spray. Many first responders, including the Frisco Fire Department, use naloxone to help save lives.

COMPILED BY **LINDSEY JUAREZ** AND **GAVIN PUGH**

DESIGNED BY **LINDSAY MCCRAVY**



An overdose occurs when **opioids** block **receptors in the brain**, causing the person to eventually stop breathing.

**Naloxone** keeps opioids from blocking brain receptors for a short period of time, allowing the person to begin breathing again.

## LOCAL SERVICES

Those seeking help can turn to these organizations for resources.

### LifePath Systems

1515 Heritage Drive, McKinney  
972-562-0190  
[www.lifepathsystems.org](http://www.lifepathsystems.org)

### Denton County MHMR

2519 Scripture St., Denton  
940-381-5000  
[www.dentonmhmr.org](http://www.dentonmhmr.org)

See **Page 32** to read more about Denton County MHMR, and see **Page 33** to read more about LifePath Systems.

addictive. Health care providers began prescribing opioids at greater rates followed by widespread misuse and abuse of the drugs as a result of addictions.

William Solari, a Collin County Substance Use Prevention Coalition board member and Frisco ISD student assistance coordinator, said addiction is often a process.

“No one wakes up and says, ‘Today, I want to become a heroin addict,’” Solari said. “It’s a progression of starting with prescription drugs, marijuana, alcohol and then it just progressing to the harder drugs.”

Lauren Titsworth, Denton County MHMR mobile substance abuse counselor, said some people begin taking prescription pain pills and progress to heroin.

Those wanting to overcome an opioid addiction often turn to treatment facilities for help, but Jana Jansson, Collin County Substance Use Prevention Coalition director, said there are not enough facilities in Collin County, especially for adolescents.

“Oftentimes you can call multiple facilities before finding an available bed,” Jansson said. “This can certainly delay the treatment process and getting the help that is needed for all ages.”

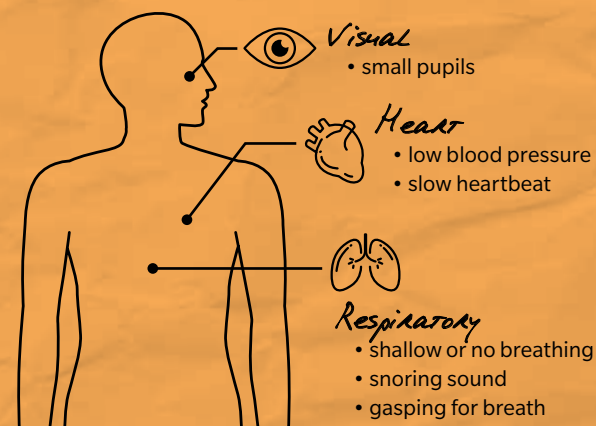
Titsworth said patients seeking recovery sometimes are referred to services in another county because there are not enough resources in Denton County.

“A lot of the resources we have in Denton County focus on outpatient substance abuse and treatment,” she said. “There’s definitely a lack of

## What to do during an OVERDOSE

If someone is experiencing an opioid overdose, follow these steps to potentially save a person’s life.

### 1. Identify the overdose



### 2. Call 911

Before beginning rescue measures, call emergency services.

### 3. Give CPR

To perform basic CPR:



- Make sure nothing is blocking air passage in the person’s mouth.
- Tilt the person’s head back and pinch the nose.
- Administer two slow breaths into the person’s mouth. Look for the chest to rise.
- Continue administering one breath every five seconds until the person is breathing on their own.



### 4. Administer naloxone

If the person is not breathing after 30 seconds of CPR, administer naloxone. Follow the instructions for the specific form of naloxone. After giving naloxone, continue CPR for two to three minutes. If the person is still unresponsive, give a second dose of naloxone and continue CPR until first responders arrive.



SOURCES: NATIONAL INSTITUTE ON DRUG ABUSE, HARM REDUCTION COALITION, CVS PHARMACY, COLLIN COUNTY, SUBSTANCE USE PREVENTION COALITION OF COLLIN COUNTY/COMMUNITY IMPACT NEWSPAPER

CONTINUED FROM 1

overdose deaths increased from 20 to 24 deaths between 2014 and 2015.

In 2016 opioid overdose deaths in the United States killed about 42,000, according to the Centers for Disease Control and Prevention.

Collin and Denton counties’ opioid-related death rates are some of the lowest in the area. Still, substance abuse prevention officials said work needs to be done to address addictions and prevent more deaths.

## LOCAL EFFECTS

According to the National Institute on Drug Abuse, the nationwide opioid crisis began in the 1990s when pharmaceutical companies reassured the medical community that prescription opioid pain relievers were not



resources within our county for 30-day programs or 90-day programs that really are intensive and affordable.”

#### DECLINING PRESCRIPTIONS

Although overdose deaths are up, opioid prescriptions are declining nationally and locally, according to the CDC. The CDC reports that physicians in Collin County prescribed opioids at a lower rate than Denton County as well as the national average.

A growing awareness of the opioid crisis has led to physicians prescribing fewer opioids and pharmacists limiting first-time prescriptions, said Malini Ghoshal, a registered pharmacist and president of Plano-based Inspira Healthcare, a research company for the health care industry.

Ghoshal said physicians are turning to other pain-relieving drugs and non-prescription solutions—such as chiropractic therapy—for acute pain. And some pharmacies, such as Walmart and CVS pharmacies, are limiting the amount and dosage of an opioid prescription they will fill.

Dr. Joel Holiner, the executive medical director for both Medical City Green Oaks Hospital and the Holiner Psychiatric Group, said he believes there are three players responsible for what he sees as an overprescription of opioids: pharmaceutical companies, physicians and government officials.

“I think [pharmaceutical companies] are definitely part of the problem, and continue to be part of the problem with their marketing and minimization of the risks and dangers of these medications,” he said.

A physician himself, Holiner said doctors share part of the blame for the high opioid prescription rates, as they are the ones writing the prescriptions.

Holiner also said the state and federal government could do more to slow prescription rates and encourage other forms of pain relief.

As part of the state’s efforts to curb opioid prescription rates, state Sen. Van Taylor, R-Plano, sponsored House Bill 2561, which was written into law in September. The law places stricter requirements on both prescribers and drug regulatory agencies to use the Prescription Monitoring Program database.

“I think what’s important is for the Legislature to remain engaged, to monitor what’s going on, to listen to the people who are using the Prescription

Monitoring Program to see what we need to do to improve it,” Taylor said.

#### THE OVERDOSE-REVERSAL DRUG

Local and national entities have ramped up prevention efforts to address opioid overdose deaths. In April, U.S. Surgeon General Jerome Adams called on more Americans to carry naloxone, a prescription that can reverse the effects of an overdose.

Naloxone comes in three forms: an injectable—which requires professional training—an autoinjectable and a nasal spray. Naloxone is often known by its prescription names: Narcan nasal spray and Evzio autoinjector.

During an overdose, opioids block brain receptors that tell the body to breathe, according to the Harm Reduction Coalition. Naloxone can reverse this to get the body to breathe again. According to the National Institute on Drug Abuse, emergency personnel should observe a person given naloxone for at least two hours to make sure an overdose does not occur again.

In 2015 the Texas Legislature allowed naloxone to be prescribed to those at risk for an opioid overdose or those who are in a position to assist someone experiencing an overdose.

Many first responders, including Frisco Fire Department, carry naloxone. FFD EMS Chief Jake Owen said when the department uses naloxone, it is often for patients that have overdosed on prescription opioids.

Titsworth said it is beneficial for anyone to have naloxone on hand.

“We all know someone that’s struggling with addiction, whether we talk to them every day or whether they’re an acquaintance,” she said. “If people are willing to go to the pharmacy and get [naloxone], if people have the money ... I would absolutely encourage it.”

Beyond having naloxone available, fighting opioid addictions begins with addressing symptoms of depression and anxiety that could lead to addiction, Solari said.

“I think we still have a lot of people who don’t seek a mental health professional,” he said. “... You break your arm, and because it’s a physical illness, it’s, ‘Hey, go to the doctor right away.’ You come down with symptoms of a mental illness, and people just don’t look at it in the same way.”

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\*Subject to availability and rates subject to change. Restrictions apply. Special packages and rates vary by hotel property. See website for complete details.



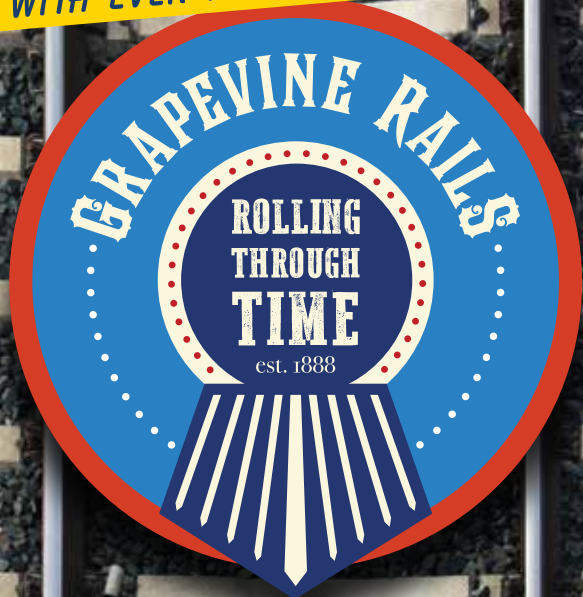
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Rick Guzman opened Frisco Paintball in April 2017 offering paintball and field space for sporting activities.



COURTESY FRISCO PAINTBALL



NICOLE LUNA, COMMUNITY IMPACT NEWSPAPER

# Frisco Paintball

Indoor facility offers fields for both paintball and sports

BY NICOLE LUNA

**R**ick Guzman, a retired Dallas police officer, opened Frisco Paintball in April 2017 to offer a different type of activity for children in Frisco as well as additional field space for teams.

Guzman has lived in Frisco for 18 years with his family. His children play sports, and he said he saw how big of a need there was for field space in Frisco.

“Frisco’s field space is a huge commodity, and being able to find a place to practice can be difficult,” Guzman said.

Guzman said his family use to attend parties at a Lewisville paintball facility.

“While we were there, we noticed that the paintball fields were similar to that of a soccer field,” he said. “So then I thought, ‘Why don’t we do both paintball for parties and then use the same field to do other sports activities.’”

Guzman decided to build an indoor facility in Frisco that would do just that.

Frisco Paintball offers field rentals during the week and paintball on the weekends. The entire arena is 22,250 square feet, and it can be split into

two fields. The facility has inflatable bunkers that can be spread across the field to be used as barriers during paintball.

In order to keep the fields clean and usable during the week, Guzman made the decision to switch from using paintballs with paint to reusable balls, or reballs.

The reusable paintball is a foam ball that has all the characteristics of a paintball but with no paint.

“We use a small caliber ball that flies at slower velocity, and it doesn’t sting as much,” he said. “We don’t use paint anymore, and the field space stays clean.”

In addition to paintball, teams and individuals can rent out the field for sports and events.

“While we do have a lot of paintball business on the weekends, during the week, we see the trend is moving towards being a more sports-specific facility,” Guzman said. “We’re going to play that by ear and see which ends up being a better business model. But right now, paintball is highly popular, and our weekends stay booked.”

**1:** Children play paintball in an open indoor field inside Frisco Paintball. **2:** Paintball equipment includes safety goggles, helmets and airguns.

## PAINTBALL VS. REBALL

Frisco Paintball uses reballs instead of paintballs. Here are some of the differences between the two.

### PAINTBALL

- Round gelatin capsules containing paint
- .68 caliber
- Can only be used until the capsule bursts on impact

### REBALL

- Paintless, foam ball
- .50 caliber to .68 caliber
- Reusable and can be shot more than 2,000 times each



SOURCE: REBALL USA, FRISCO PAINTBALL/COMMUNITY IMPACT NEWSPAPER

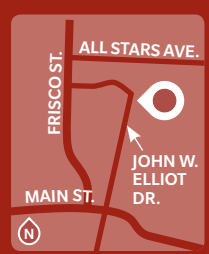
### Frisco Paintball

9966 John W. Elliott Drive, Frisco

972-920-3815

[www.friscopaintball.com](http://www.friscopaintball.com)

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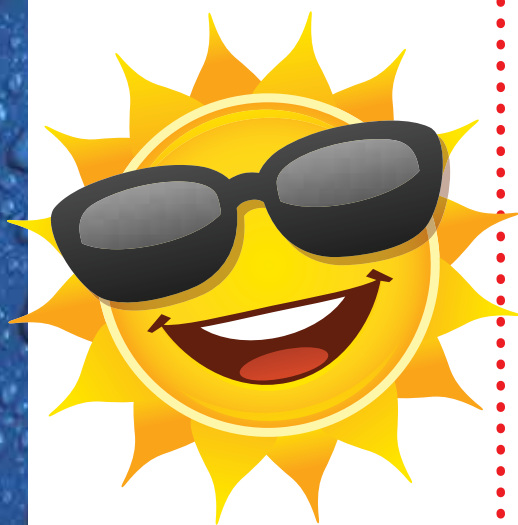
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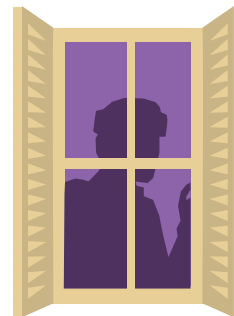
### Bound for glory

- **Earn great prizes!** Read and log 600 minutes June 1-Aug. 15 in the Mayor's Summer Reading Challenge.
- **Family Tech Night:** All ages can explore the latest technology at stations throughout the Library Mon., July 23, 6-8 p.m.
- **Trail Blazer Press:** Turn your recipes, family photos, or original work into a high-quality paperback book at the first full-color, self-publishing book machine for individual use in the region! Visit [FriscoLibrary.com/TrailBlazer](http://FriscoLibrary.com/TrailBlazer).



### Stay safe this summer!

- **Free CPR/AED classes** offered every other month: June 20, Aug. 15 and Oct. 17. Available to Frisco residents, ages 10 or older. Register: [FriscoFire.com](http://FriscoFire.com)
- **Be a Water Watcher!** Child drownings are 100% preventable through close adult supervision. Pick up a free "Water Watcher" lanyard at Frisco Fire Safety Town or any Frisco Fire station.



### Keep burglars at bay while away

- **Don't post** on social media when you're traveling. Wait to post photos when you return.
- **Ask a neighbor to watch** your home while you're away. Leave your vacation address and telephone number with them.
- **Sign up** for the Frisco Police Department's **House Watch program**. Go to [FriscoPD.com](http://FriscoPD.com).
- **Stop all deliveries** while away. Plan for a neighbor to pick up your mail, newspaper and packages.
- **Test your smoke and burglar alarms** before leaving town.

## What's new



### SUMMER TIPS 2018

#### Take the Preston Plunge!

- **Frisco Water Park** is now open. Visit [FriscoFun.org/Waterpark](http://FriscoFun.org/Waterpark).
- **Dive-In Movies!** Friday nights at 8 p.m.
  - *Moana*, June 15 • *Ferdinand*, July 13
  - *Coco*, August 3
- Tickets: [FriscoFun.org/DiveInMovies](http://FriscoFun.org/DiveInMovies)
- July is **Parks & Recreation** month! Choose from nature tours, skate park lessons, an adult softball tournament or concerts in the park. Visit [FriscoFun.org/July](http://FriscoFun.org/July).



#### Be sprinkler smart

- **Watering with sprinkler system permitted once-per-week** on recycling/trash day.
- **No watering** between 10 a.m. and 6 p.m. during DST.
- **Use hand-held and soaker** hoses, bubblers and drip irrigation up to two hours daily.
- **Schedule** a free sprinkler system checkup, 972-292-5800.
- **Subscribe** to WaterWise weekly watering advisories: [FriscoTexas.gov/Water](http://FriscoTexas.gov/Water).
- **WaterWise Workshops: FREE!** Native & Adaptive Plants, Shade Gardening, Growing Vegetables. Visit: [FriscoTexas.gov/Workshops](http://FriscoTexas.gov/Workshops).



## Thai Noodle Wave

Owners' international travels inspire restaurant's cuisine

**T**he owners of Thai Noodle Wave said they pride themselves in offering authentic Thai cuisine.

Rosie Keopaseut, who grew up in Thailand, and her husband, Pete Keopaseut, opened the Frisco location in 2006 and have three other locations, with the original opening in 2003 in Richardson.

"My wife's family has had restaurants her whole life, so I guess it was natural for her to go into the business," Pete said. "She learned to cook when she was 16 from her dad and grandpa and went to cooking school in Thailand for two years."

Pete attributes the restaurant's success to the food.

"Our entrees are full of flavor," he said. "If you've never experienced a good Thai restaurant, it's time to come to our place."

Noodle Wave has new specials twice a month, and Pete and Rosie find ideas for the recipes during their travels.

"We travel a lot, and we always find new ideas we want to try [at Thai Noodle Wave]," Pete said. "We'll go to Thailand and bring what they have back with us. In Thailand we went to a Kentucky Fried Chicken and they had this crispy chicken, and we thought, 'Why not?' So we make Crispy Chicken Green Curry."

As a co-owner and chef, Pete said he knows his place at Noodle Wave.

"Rosie's the [lead] chef; I'm just a chef," he said.

Rosie personally trains every chef at Noodle Wave.

"They have to pass through me first," she said.

"When I first come up with a new special, I will video it so I can show the other chefs and teach them how to make it."

However, Rosie said she is not trying to keep her cuisine a secret because she also puts her recipe videos on YouTube.

Pete says the message he would emphasize about Thai Noodle Wave is simple.

"[After] having a restaurant for this many years, [customers] can trust it will be good Thai food," he said. "We love our customers and creating food for them, so don't be afraid to discover something new."

COURTESY THAI NOODLE WAVE



### THREE DISHES TO TRY

**Pad thai noodle (\$14.45 with shrimp)** This traditional Thai dish comes with bean sprouts, eggs, tofu, scallions and peanuts stir-fried in sauce.



COURTESY THAI NOODLE WAVE

### Mongolian beef (\$13.95)

The marinated slices of beef are served over seasoned mixed vegetables.

### Crispy chicken green curry (\$11.95)

These crispy chicken breasts are served with Noodle Wave's green curry sauce and jasmine rice.



COURTESY THAI NOODLE WAVE

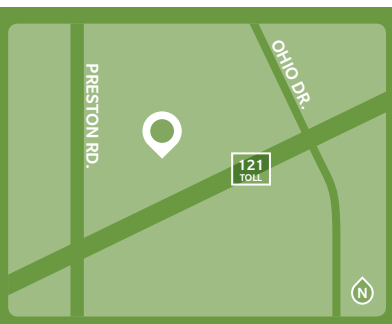
#### Thai Noodle Wave

9288 SH 121, Ste. 400, Frisco

469-353-8153

www.noodlewave.com

Hours: Mon.-Thu. 11 a.m.-3 p.m. and 5-10 p.m., Fri. 11 a.m.-3 p.m. and 5-11 p.m., Sat. 11:30 a.m.-11 p.m., Sun. 11:30 a.m.-10 p.m.



Rosie and Pete Keopaseut own Thai Noodle Wave.

LINDSEY JUAREZ/COMMUNITY IMPACT NEWSPAPER



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# UNIVERSITY OF NORTH TEXAS IN FRISCO

DESIGNED BY **LINDSAY MCCRAVY**



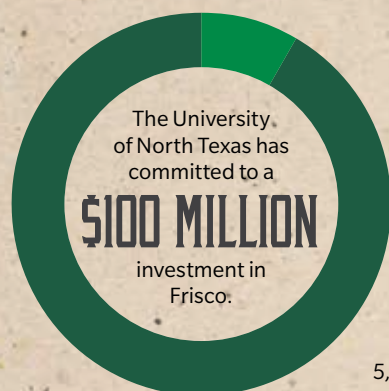
This map shows the concept campus layout in blue and potential surrounding developments.

- KEY**
- 1 2-story mixed-use buildings
  - 2 Common green
  - 3 Courtyards

The University of North Texas branch campus will be Frisco's first permanent university campus. The campus is expected to open in 2023.



## UNT BRANCH CAMPUS FUNDING BREAKDOWN



**\$8.5 MILLION**

will go toward the purchase of the 50,000-square-foot building on Research Road. UNT will take over the ownership of the building Oct. 1.

**\$91.5 MILLION**

will go toward building the new branch campus. The campus will serve at least 5,000 students.

## TUITION BREAKDOWN

The branch campus will generate enough revenue from student tuition to be self-sustaining. The numbers show what the average UNT student pays in tuition and fees.

**\$230.11**

per credit hour for undergraduate students

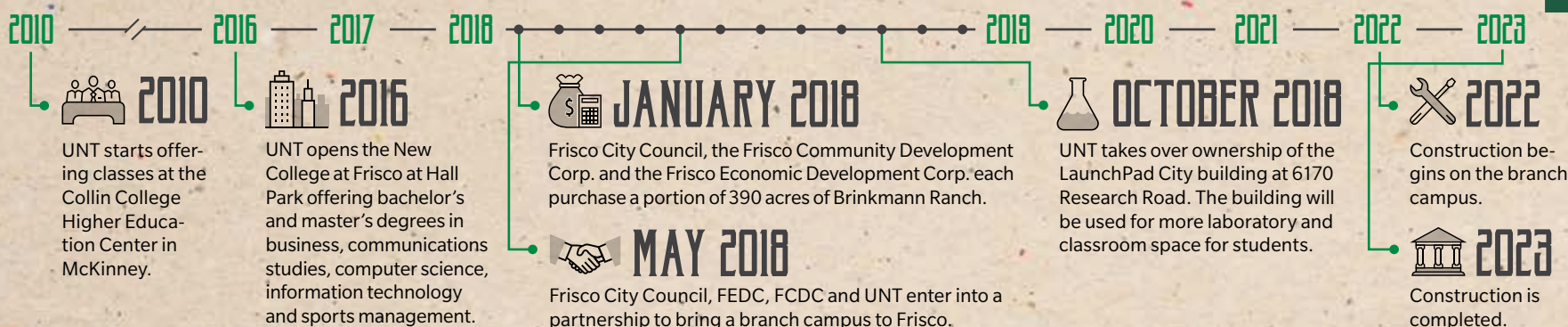
A student could pay more than **\$42,000** in four years in tuition and fees.

**\$177.29**

per credit hour for graduate students

A student could pay more than **\$14,000** in two years in tuition and fees.

## UNT'S HISTORY IN COLLIN COUNTY



SOURCES: UNIVERSITY OF NORTH TEXAS, CITY OF FRISCO/COMMUNITY IMPACT NEWSPAPER

CONTINUED FROM 1

master's degrees.

"This investment in our future provides our residents new opportunities to get bachelor's or master's degrees right here at home," Frisco Mayor Jeff Cheney said during the press conference. "Affordable, quality education is an integral part of being a vibrant, innovative and sustainable community ... It also boosts economic development, which benefits Frisco and out entire region."

The future branch campus will be located at the southwest corner of Preston Road and Panther Creek Parkway on 100 acres of land, which has been provided by the city at no cost. The university has the option to purchase another 50 acres for future expansion. Construction is expected to start no later than March 2022, according to UNT.

UNT has committed to making a \$100 million investment in Frisco, \$8.5 million of which is going toward purchasing the 50,000-square-foot building at 6170 Research Road. The building, owned by the Frisco Economic Development Corp., is currently occupied by LaunchPad City, a business accelerator and incubator. UNT will take over ownership Oct. 1, and the building will be renamed Inspire Park. It will be used for additional laboratory and classroom space, UNT President Neal Smatresk said.

The remaining \$91.5 million will go toward building the branch campus.

UNT CFO Bob Brown said once the campus is completed, it will generate enough revenue and state enrollment reimbursements to pay for the building's maintenance and operations.

"Generally we would like to see that there's an adequate business flow, and that's with an adequate student population," Smatresk said, "We believe with 5,000 students there will be enough revenue flow that we won't worry whether that campus is self-sustaining or not. Looking at the big picture, you can't afford to build a

campus unless the campus is going to be self-sustaining."

The average undergraduate UNT student pays \$230.11 per credit hour.

UNT's main campus is in Denton, but the university has had a presence in Collin County for nearly 10 years. In 2010, UNT began offering classes at the Collin College Higher Education Center in McKinney. In 2016, UNT opened the New College at Frisco, an off-site instructional facility, at Hall Park.

"As we added more programs [at the New College at Frisco], we realized that to better serve the Frisco community and all of Collin County in the way we need to is by building a branch campus," UNT Provost Jennifer Cowley said.

Cowley said the university is working with the business community to develop new degree programs and curriculum that will best fit employers in the area.

## MEETING FRISCO'S NEEDS

FEDC Director Ron Patterson said landing a university has been one of Frisco's top priorities for a number of years in large part because the business community has asked for higher education options.

"We quite often get questions from businesses who are looking at relocating. 'Is there a four-year university presence, and is there a relationship with them?'" he said.

Patterson said businesses ask that question to know if there is a place for their employees and their families to receive or continue an education. Companies also want to build a relationship with nearby universities. Having a university will help the city attract businesses looking to move, Patterson said.

"When you get a four-year university, especially one like UNT who has a Tier 1 research institute associated with it, it's very important for businesses," he said.

Cowley said UNT has been in discussions with employers in the area



for the past six months to understand what their needs are for current and future employees.

"We are currently in the process of designing a new curriculum and expect to have additional programs that we'll roll out in approximately a year," Cowley said.

Smatresk said Frisco attracts a large number of high-tech companies and businesses centered around sports and entertainment, and UNT wanted to create a seamless pathway for students and employers.

"We have been engaging corporate partners in the region to develop a new curriculum that we believe [is] very advanced in terms of engaging students more intimately with internships and exposure with the growing high-tech and sports [and] entertainment environment," Smatresk said.

The degree programs that will be offered include business, sports and entertainment management, design and psychology. UNT has already designed at least two new programs specific for Frisco, which are consumer experience management and data analytics. These programs are currently being offered at the New College at Frisco.

**"AS WE ADDED MORE PROGRAMS [AT THE NEW COLLEGE AT FRISCO], WE REALIZED THAT TO BETTER SERVE THE FRISCO COMMUNITY AND ALL OF COLLIN COUNTY IN THE WAY WE NEED TO IS BY BUILDING A BRANCH CAMPUS."**

—JENNIFER COWLEY, UNIVERSITY OF NORTH TEXAS PROVOST

#### NEXT STEPS

For UNT to offer programs at a branch campus, the university will need to get approval from the Texas Higher Education Coordinating Board.

The coordinating board was designated by the Texas Legislature to provide coordination and leadership for Texas universities and colleges. THECB does not approve new buildings, but it does approve the status of branch campuses, said Rex Peebles, THECB assistant commissioner for Academic Quality and Workforce.

"We don't really approve sites or centers," Peebles said. "UNT is free to go and set up a site—or what's called a university center—wherever they want to. What we do approve is the courses and the programs that they offer there. They can open a site in Frisco, but they can't offer courses or programs there without coordinating board approval."

UNT is looking to create degree programs that cater to the needs of Frisco's business community. Those programs would need to be approved by the THECB before classes began, Peebles said.

UNT's branch campus would be set apart from its satellite campus in Frisco, which is considered a site or institutional center.

"Anything that's designated as a site or an institutional center is really dependent upon the home campus, so to speak, for a lot of the support and a lot of the services there," Peebles said. "But to be a branch campus, you're really expected to stand on your own. You're expected to have the full array of student support services that you would expect at the main campus, whereas a site or a teaching center would not be expected to have that full complement."

Student services at a branch campus include campus administration, library services and student affairs, Peebles said.

UNT would have to submit a request for a branch campus designation at least six months before a coordinating board meeting, Peebles said. That allows staff to vet the request and ask the university questions, he said.

Smatresk said the university has submitted a request to THECB to offer classes at the FEDC-owned building once UNT takes ownership. UNT plans to submit a request to designate the campus as a UNT branch in 2019.

Smatresk said he does not foresee any issues seeking approval for the branch campus because everyone from the university, the city of Frisco, Collin County and even Collin College is in support of this initiative.

"A part of what THECB is looking for is what the level of investment is and how are we delivering programs that meet the needs of the community," Cowley said. "In Frisco we are seeing the growth and are able to show that there is a need here."



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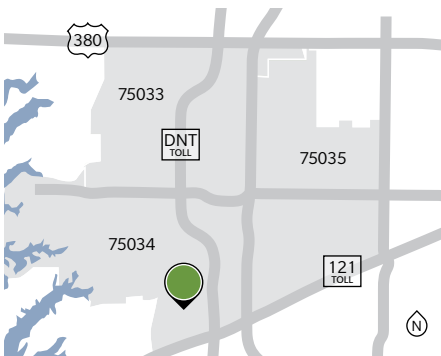
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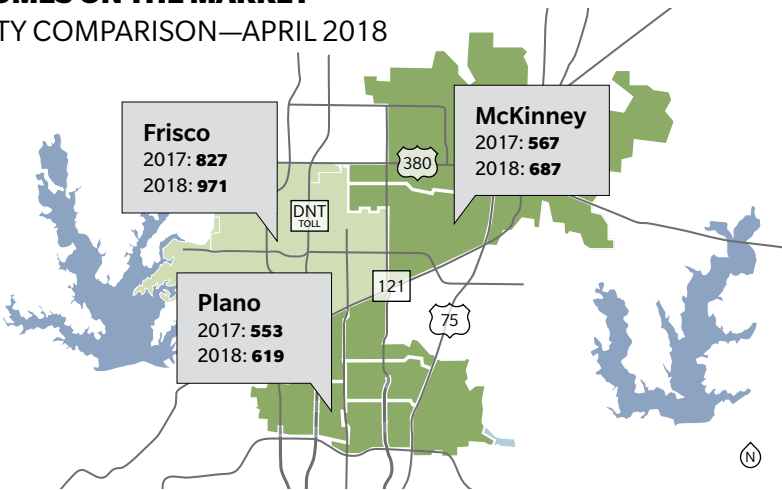


This month's featured neighborhood is Villages of Stonebriar. The neighborhood is situated at the southeast corner of Legacy Drive and Warren Parkway. The community is gated and has a park.

Neighborhood data provided by  
Jeff Cheney  
The Cheney Group  
214-550-8200  
jeff@cheneygroup.com

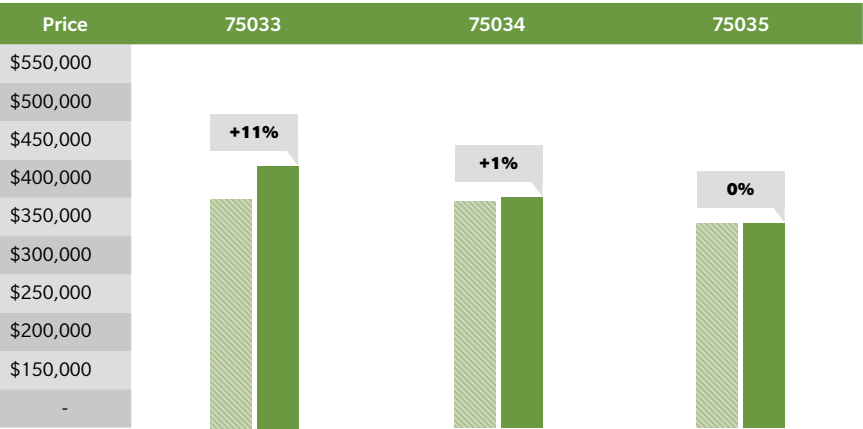


HOMES ON THE MARKET  
CITY COMPARISON—APRIL 2018



MARKET DATA

MEDIAN PRICE OF HOMES BY ZIP CODE



FEATURED NEIGHBORHOOD

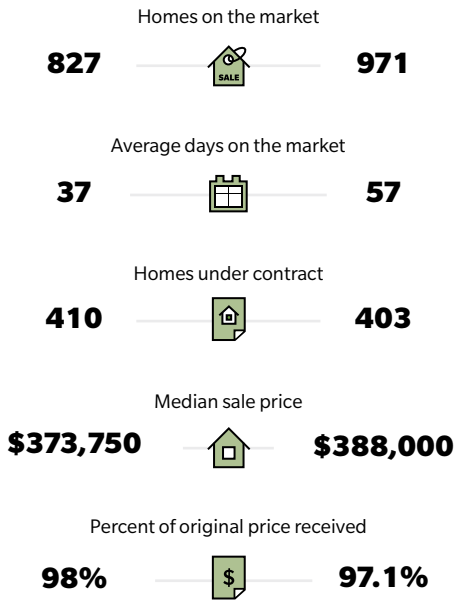
VILLAGES OF STONEBRIAR



- Build-out year:** 2007
- HOA dues (estimated):** \$750 per quarter
- Amenities:** gated entrance, greenbelt, park
- Nearby attractions:** The Star in Frisco, Stonebriar Centre
- Schools:** Spears Elementary School, Hunt Middle School, Frisco High School
- Square footage:** 3,627-6,083
- Home value:** \$575,000-\$1,285,000
- Median price per square foot:** \$193.30
- Median annual property taxes:** \$19,686
- Number of homes sold within the past year:** 12
- Median days on the market:** 129

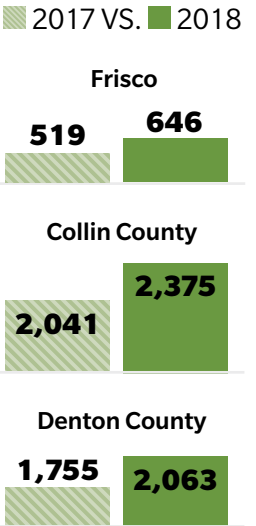
MARKET DATA COMPARISON

APRIL 2017      APRIL 2018



NEW LISTINGS

APRIL 2018



SOURCE: MARKET DATA PROVIDED BY JONNA FERNANDEZ OF COLLIN COUNTY ASSOCIATION OF REALTORS, COURTESY OF NORTH TEXAS REAL ESTATE INFORMATION SYSTEM/COMMUNITY IMPACT NEWSPAPER

Although every effort has been made to ensure the timeliness and accuracy of this data, Community Impact Newspaper assumes no liability for errors or omissions. Contact the property's agent or seller for the most current information.

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# JEFF'S FEATURED LISTINGS OF THE MONTH



**Mainvue at Phillips Creek Ranch**  
684 Lismore Drive | 5 BD | 5.1 BA  
3 Car Garage | 4232 Sq. Ft. | \$645,000



**Newman Village**  
4224 Newman Blvd | 5 BD | 5.2 BA  
3 Car Garage | 6434 Sq. Ft. | \$1,850,000



**Meadows Of Preston**  
10041 Wyndbrook Dr | 5 BD | 3.1 BA  
3 Car Garage | 3685 Sq. Ft. | \$475,000



**Mainvue at Phillips Creek Ranch**  
851 Benalla Drive | 5 BD | 5.2 BA  
3 Car Garage | 4211 Sq. Ft. | List Price \$715,000

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# IMPACT DEALS

## DEALS THIS MONTH

### DINING

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Heavenly Acai.....	46
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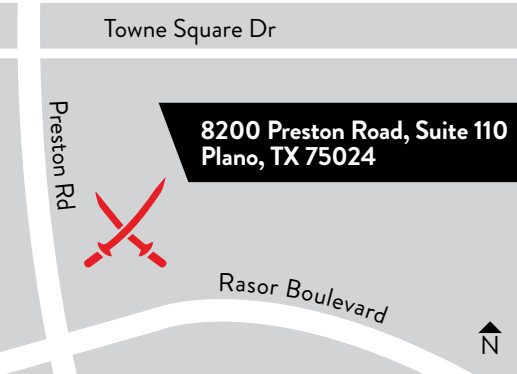
### RETAIL

Barnyard Dollar Store & More .....	49
Dobson's Flooring America .....	51



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**LET US DO YOUR HEAVY LIFTING!**

**COLLEGE HUNKS HAULING JUNK**

**Mention IMPACT and receive UP TO \$30 OFF\***  
\*\$15 OFF up to 1/2 truckload / \$30 OFF more than 1/2 truckload.

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Single Items to Complete Clean Outs  
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**We will donate two meals for every job completed. Book a job - feed a child!!**

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**We donate, recycle or repurpose nearly 70% of all items collected!**

\*May not be combined with other offers. Applies to zip codes 75033, 75034 & 75035 only!

**Come try the SUPERMAN CONE!**

**NOW OPEN!**  
Kilwins Plano at the Shops at Legacy,  
7161 Bishop Rd, Plano

**Kilwins**

**BUY 1 ICE CREAM GET 1 FREE**  
Equal or lesser value, limit one per purchase. Exp. 7/5/18

**Buy one slice of Fudge, get one slice FREE!**  
Exp. 7/5/18

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(469) 298-0941 • [KILWINS.COM/PLANO](http://KILWINS.COM/PLANO)

**Smoothie Zone**

FRISCO'S **healthy fast food**

GLUTEN-FREE WRAPS • PALEO WRAPS  
LOW-CARB • NO NITRATE MEATS

**\$1 off any smoothie**  
LIMIT ONE COUPON PER CUSTOMER.  
EXPIRES 7/5/18

**FAMILY HEALTH MARKET**

FamilyHealthMarkets.com

**FRISCO'S CHOICE FOR VITAMINS, SUPPLEMENTS & NATURAL GROCERIES**

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**DRIVE THRU!**

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**DRIVE THRU!**

**ROCKFISH SEAFOOD & GRILL**

**FRESH IN WILD ALASKA SALMON IS HERE!**

**FEATURING COPPER RIVER SALMON**  
WHEN AVAILABLE

**WILD ALASKA SALMON CAKES**

**BUY ONE ENTREE, GET ONE ENTREE HALF OFF!**

Not Valid for Special Events. Tax & gratuity not included. One coupon valid per table. Dine-In Only. Not valid with any other offers. Maximum discount \$7.50. Expires 7-10-18.

**9179 DALLAS PKWY #170, FRISCO, TX 75034**





**Rockin' Taco & Tex-Mex**  
 LOCALLY OWNED AND OPERATED IN FRISCO, TEXAS

**HOW CAN WE ROCK YOUR TACO?**

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 Check out our menu & order online at [www.rockintacofrisco.com](http://www.rockintacofrisco.com)

Located in Historic Downtown Frisco  
 6890 Main St., Suites C & D

**BUY ONE TACO GET ONE FREE**  
 Exp. 7/7/18



**Two locations! Better together!**

 **Habitat for Humanity**  
 Collin County

**ReStore**

Shop | Donate | Volunteer

Donate your gently used items today & help end poverty housing!

**Call or Text for a FREE scheduled pick-up (214) 598-0090**

**2060 Couch Dr., McKinney 75069**  
 Tues-Sat 9am-6pm  
[www.McKinneyReStore.com](http://www.McKinneyReStore.com)

**2060 W. Spring Creek Pkwy #402, Plano, TX 75023**  
 Tues-Sat 9am-6pm  
[www.PlanoReStore.com](http://www.PlanoReStore.com)

Gently used furniture & appliances, plus building materials & supplies


**10% OFF**  
 ONE REGULARLY PRICED ITEM  
 valid at ReStore - McKinney & Plano locations  
 One coupon per person per month. No reproductions accepted. Not good on special orders. Expires 7/8/18



**NON GMO SEED**

**BUY ONE 1-POP GET ONE 1-POP FREE**

Offer Expires: 7/5/18  
 Download our FREE APP for special offers



Nothing says Happy 4th of July like watching fireworks right at POParella's front door!  
 It's NOT just POPcorn, it's an EXPERIENCE!

POParella's gourmet popcorn & treats! | 8873 Coleman Blvd Frisco Square 75034 | 214-705-9666 | [www.poparellas.com](http://www.poparellas.com)  
 Coupon must be presented, free 1-pop of equal or lesser value, no deviations, no cash value, one coupon per visit per purchase, not valid with any other offer.

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**CIRCUS-INSPIRED FITNESS FOR EVERYBODY**

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 POLE FITNESS & AERIAL ARTS

**SPECIAL OFFER**  
**4 Classes \$49**  
 Mention Community Impact and get an additional 5th class FREE

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 Mention this ad for a free gift when booking.

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 214-494-0580

**Highland Village (Now Open)**  
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 940-441-5453





# BUT FIRST, TACOS

## MARGARITA MONDAY

### CRUSH TACO

**\$2 ALL DAY**

BUY ONE TACO. GET ONE **FREE**

Limit one coupon per customer. Not valid with any other offer.

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Made-to-Order. No-Sugar, No-Dairy, Vegan. Gluten-Free options

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9133 Preston Rd, Frisco, TX  
order online: [heavenlyacai.com](http://heavenlyacai.com)  
Mon-Sat 8am-7pm, Sun 9am-6pm

**Buy 1 Get 1 50% off**

Expires 07/30/2018  
Bring coupon. One item 50% off per coupon. Not valid with other offers

# 和久保田

WA KUBOTA Japanese Restaurant

## A NEW JAPANESE DINING EXPERIENCE

Sushi · Sake · Tempura

### TRY OUR BEAUTIFUL PATIO DINING

Receive 10% Off Your Purchase when you present this offer.

Excludes alcohol. Expires 7/5/18.

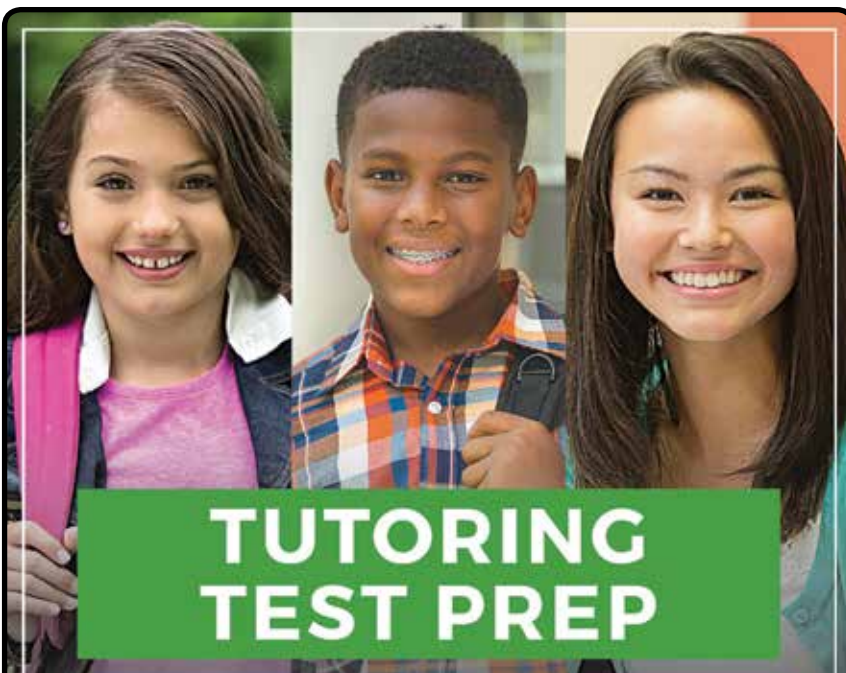
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**Parkwood 121 Village**  
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**BBQ PLATE SPECIAL**





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K-12 • Reading • Math • Study Skills  
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huntingtonhelps.com • 4760 Preston Road, Unit 236, Frisco, TX, 75034

### MENTION

Community  
Impact  
and receive

**\$100 OFF**



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**Call Today!**



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## Summertime and the Brunch is easy

**Buy 1, get 1  
HALF OFF  
ANY MEAL**

Must purchase 2 drinks. Discount applies to item of lesser value. Valid at both locations Monday-Friday 7am-3pm. Must present coupon. Exp. 7/5/18

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www.friscostarcafe.com

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**Open 7 days a week from 7 am-3 pm • Breakfast served all day!**

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**Now  
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FRISCO

Where Old Friends Meet  
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**LIVE MUSIC**  
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**GRAND OPENING WEEKEND!**  
JUNE 22ND - 24TH!

6750 GAYLORD PARKWAY, SUITE 120

Live Music  
6/22 EVIL TWIN  
6/23 DJ DANNY  
9 PM - 1 AM

**Free Appetizer**  
with purchase  
of 2 entrees

FOOD ONLY. DINE-IN ONLY. NOT VALID WITH  
OTHER OFFERS OR DISCOUNTS. ONE PER TABLE.  
EXPIRES 7/5/18

**972.712.0808**  
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DIFFERENT  
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MEDITERRANEAN CAFE

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MADE FROM SCRATCH WITH ONLY THE FRESHEST  
INGREDIENTS AND A DASH OF SOUTHERN FLAVORS

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WITH THE PURCHASE OF A SECOND ENTREE OF EQUAL  
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EXPIRES 7-5-18

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& Grill Bar

1221 Legacy Dr #102, Frisco  
Happy Hour Sushi Roll Specials  
Every Day 3-6 PM  
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**20% OFF**  
entire meal

Good toward food  
purchases only  
Exp. 7/5/18

**10% OFF**  
for employees of Fedex,  
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& Lays. Lunch/Dinner. Any  
day of the week!  
No expiration. Just show ID  
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Sam Rayburn Tollway

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COFFEE • TEA




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ONE COUPON PER  
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11660 Legacy Dr  
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(214) 705-9600  
[www.mochasandjavas.com/legacy](http://www.mochasandjavas.com/legacy)

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ASK ABOUT OUR COMMUNITY  
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**Special Discounts for:**

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- First Responders
- Look for our "Made in Texas" sections!

**20% OFF ENTIRE PURCHASE OF \$18 OR MORE\***

Bring in this coupon or Text Shop4Local to 555888 to receive digital coupon.  
\*excludes beverages and seasonal items. Offer expires 7/8/2018



360 Stonebrook Parkway, Suite 106, Frisco, TX, 75034  
Stonebrook Pkwy & FM 423, Next to CVS & 24/7 Cleaners

**469-980-7987**  
[www.barnyarddollarstore.com](http://www.barnyarddollarstore.com)



**PUREPOKE**  
SUSHI BOWL & ROLL

**NOW OPEN FOR DINNER**

Purepoke serves fresh rice bowls, sushi rolls and craft beverages. Made with care daily, we graciously and humbly share our good eats & drinks with you. Thank you.  
- Purepoke Team

**40% OFF ANY ITEM**

\*good towards purchase of food, dine-in only & no cash value. Thank you. Offer expires 7/5/18



**Order online!**  
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Mon - Sat : 10:30am - 8:30pm  
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**SATURDAY AND SUNDAY 11:30 AM-2:00 PM**



**Woody's**  
SPORTS RESTAURANT

WE DELIVER! VISIT OUR WEBSITE FOR DETAILS.

**Lunch Specials**  
MON-FRI, 11 AM-2 PM  
STARTING AT ONLY \$4

**\$5.00 OFF**  
ANY ORDER OF \$25 OR MORE

\*Dine-in or Carry Out. Not valid with kids eat free or Tuesday wing special. Not valid with other specials or coupons. Valid with food purchase only. Expires 7/10/18.





**MONDAY SPECIAL**  
BUY ONE BURGER, GET THE SECOND 50% OFF

**TUESDAY SPECIAL**  
BUY ONE GET ONE FREE WINGS  
KID'S KARAOKE 6:30-8PM

**WELLNESS WEDNESDAYS**  
\$3 WELL DRINKS  
BUY 1, GET 1 FREE FAJITAS (CHICKEN OR BEEF)

**THIRSTY THURSDAYS**  
ALL DAY HAPPY HOUR & BOGO BONELESS WINGS

**FRIDAY SPECIAL**  
CATFISH PLATTER OR FISH-N-CHIPS \$8.99  
FREE CHIPS AND SALSA (3-7PM)

**SUNDAY-THURSDAY**  
KIDS EAT FREE (RESTRICTIONS APPLY)

Not valid with other specials or coupons. Restrictions apply. Expires 7/10/18.

214.872.4943 | FRISCO | 307 Main Street #105  
[woodyssportsrestaurant.com](http://woodyssportsrestaurant.com)

**Day Passes | Birthday Parties | Lock-ins**  
**Climbing Camps | Youth Climbing Team**



Buy one Day Pass, get the second one **FREE**  
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**Available  
June 12th**

**NEW**  
**Greek Yogurt  
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Made with Oikos® Greek Nonfat Yogurt

**Angel Food  
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**\$2 OFF**  
**Any Size Smoothie**

Some restrictions may apply. Valid only at participating locations only. Excludes Extras and Enhancers. Not valid with any other offer. Not valid on 32oz smoothies on Fridays. Must surrender original coupon to receive offer. Photocopied or altered coupons will not be honored. Limit one per person. No cash value. Sales tax extra. Copyright 2018 Smoothie King Franchises, Inc. Offer Expires: 7-5-18

**SMOOTHIE KING®**  
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4984 Main St., Frisco  
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2731 Little Elm Pkwy., Little Elm

**SMOOTHIE KING®**

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**FROM THE HULA HUT IN LITTLE ELM  
LOCATED ON BEAUTIFUL LAKE LEWISVILLE**

**Traditional Tex-Mex + Polynesian Twist = "Mexonesian" cuisine**  
*It's always island time at the Hula Hut!*

**FREE QUESO  
WITH PURCHASE OF  
2 ENTREES**  
**EXPIRES 7/15/18**

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[www.hulahutlitleelm.com](http://www.hulahutlitleelm.com)  
**CONTACT US TO BOOK YOUR NEXT PARTY:**  
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# YOUR FRISCO HOME TEAM



Since 2003, the Cheney Group has amassed nearly **\$1 billion** in North Texas sales, earning the title of #1 home selling team. See why clients **LOVE** working with Frisco's real estate market leaders!

## MARKET LEADERS

"The public company I run built and sold about 1,000 new homes in 2017. When it came time to sell a personal home that I owned in Frisco, I hired Jeff Cheney and his team. They did an outstanding job."

- Jim Brickman, CEO of Green Brick Partners

## INNOVATIVE & MODERN

"Jeff Cheney has developed a team that is focused on presenting our home in a professional process. From the beginning, they have been very attentive to our home selling process. It does not stop there! The staff was constantly in touch with us each step of the way, all the way through the closing and beyond. We are very pleased with the Cheney team!"

- Thomas Clarke

## EXPERTISE

"When we first met the Cheney Group, they explained that their job is more service than sales. They proved that time and again with their thorough knowledge of home construction and the local market. Their negotiation skills help to get to a price we were comfortable with. In the end we found the property that was perfect for us."

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"Dependable, Trustworthy and Dedicated to making your home buying and selling experience the best that it can be. We have worked with the Cheney Group on several sells and purchases and have always been more than pleased."

- Christal Davis



jeff@cheneygroup.com | 214.550.8200 | www.CheneyGroup.com  
One Cowboys Way, Suite 160 Frisco, TX 75034

